Estrus expression and pregnancy rates in heifers primiparous and multiparous Nelore cows subjected to timed artificial insemination with strategic use of gonadotropin-releasing hormone

Expressão de estro e taxas de prenhez em novilhas, primíparas e multíparas Nelore submetidas à inseminação artificial em tempo fixo com uso estratégico de hormônio liberador de gonadotrofina

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Highlights _

The primiparous females had a lower rate of estrus. No difference in the pregnancy rate among the three categories of those in estrus. No difference in pregnancy for females that did not manifest estrus and received GnRH.

Abstract _

We evaluated the effects of nulliparous, primiparous, and multiparous conditions on the estrus and pregnancy rates in females that did not show estrus but were treated with gonadotropin-releasing hormone (GnRH) at the time of timed artificial insemination (TAI). Nelore females (n = 531) were allocated according to the following categories: nulliparous (n = 144), primiparous (n = 132), and multiparous (n = 255). The animals received a conventional TAI protocol, and estrus expression was identified by the absence of paint in the sacrococcygeal region on the day of TAI. Females that did not show estrus were treated with 10 µg of GnRH together with insemination. The rates of estrus and pregnancy were analyzed using a logistic regression

Received: June 06, 2021 - Approved: Sept. 06, 2021

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model (P < 0.05). The estrus expression was lower (P = 0.006) in the primiparous (61.36%) group than in the nulliparous (76.39%) and multiparous (75.69%) groups. Similar pregnancy rates were observed in females that showed estrus (nulliparous 84.54%, primiparous 86.42%, and multiparous 80.31%; P = 0.39) and in females that did not show estrus and received GnRH (nulliparous 41.18%, primiparous 56.86%, and multiparous 58.06%; P = 0.24). The total pregnancy rates were also similar (P = 0.98) among the categories (nulliparous 74.3%, primiparous 75.0%, and multiparous 74.9%). The primiparous females had a lower rate of estrus, and the pregnancy rates were similar among the categories that received GnRH. **Key words:** Breeding biotechnology. Category. Cattle. Conception. Ovulation.

Resumo -

O objetivo do trabalho foi avaliar o efeito das categorias nulíparas, primíparas e multíparas sobre a taxa de manifestação de estro e a taxa de prenhez de fêmeas que não manifestaram estro, mas foram tratadas com GnRH no momento da inseminação artificial em tempo-fixo (IATF). Foram utilizadas 531 matrizes, todas da raça Nelore, alocadas de acordo com a categoria: nulíparas (n = 144), primíparas (n = 132) e multíparas (n = 255). As matrizes foram submetidas a um protocolo reprodutivo para inseminação artificial em tempofixo (IATF) e tiveram a expressão do estro identificada pela ausência de tinta na região sacrococcígea no dia da inseminação. As fêmeas que não apresentaram estro receberam 10 µg de GnRH no momento que foram inseminadas. As taxas de estro e prenhez foram analisadas por meio de um modelo de regressão logística (P < 0,05). A expressão do estro foi menor (P = 0,006) no grupo de primíparas (61,36%) do que nos grupos de nulíparas (76,39%) e multíparas (75,69%). Taxas de prenhez semelhantes foram observadas em fêmeas que apresentaram estro (nulíparas 84,54%, primíparas 86,42% e multíparas 80,31%; P = 0,39) e em fêmeas que não apresentaram estro e receberam GnRH (nulíparas 41,18%, primíparas 56,86% e multíparas 58,06%; P = 0,24). As taxas de prenhez total também foram semelhantes (P = 0,98) entre as categorias (nulíparas 74,3%, primíparas 75,0% e multíparas 74,9%). As fêmeas primíparas apresentaram menor taxa de estro e as taxas de prenhez foram semelhantes entre as categorias que receberam GnRH. Palavras-chave: Biotecnologia de melhoramento. Categoria. Concepção. Gado. Ovulação.

Introduction _

Timed artificial insemination (TAI) is a widespread technique with well-established hormonal protocols and proven results (Baruselli, Ferreira, Sá, & Bó, 2018). However, the advancement of the economic viability associated with sustainability still requires an improvement in production rates (Florindo, Medeiros Florindo, Talamini, Costa, & Ruviaro, 2017; Rosa et al., 2019). The progress of knowledge of TAI has allowed the adaptation of protocols, thereby resulting in better rates (Baruselli et al., 2018). Thus, several studies have aimed to generate information that can help to increase TAI pregnancy rates (Ferreira et al., 2018; Gouvêa et al., 2018; Pfeifer et al., 2015).

The relationship between pregnancy rates and estrus expression was evaluated in Nelore females subjected to TAI (Nogueira et al., 2019). The authors found that the pregnancy rate of animals that show estrus is 20.91% higher than that of cows that do not express estrus. Cows that do not show estrus during TAI usually do not respond adequately



to the protocol and do not have a dominant follicle of adequate size to produce sufficient estrogen for estrus manifestation (Gentry, Walker, & Gentry, 2016). Therefore, they are less likely to become pregnant because they do not ovulate or ovulate after the viability period of the semen used in TAI (Gentry et al., 2016; Nogueira et al., 2019).

The administration of gonadotropinreleasing hormone (GnRH) in animals that have dominant follicles, but of smaller size, increases the chance of ovulation occurring within the semen viability period, thereby enabling the development of a pregnancy even in animals that are inseminated at a fixed time (Fields et al., 2012). Based on this principle, Rodrigues et al. (2019) evaluated the effects of GnRH administration in multiparous cows that did not show estrus on the day of TAI and identified an increase in the pregnancy rate.

However, there are differences in the reproductive performance of bovine females (Marques et al., 2015). Thus, we hypothesized that the category may determine an increase in pregnancy in females that do not express estrus and receive GnRH during TAI. Therefore, the present study aimed to evaluate the effects of nulliparous, primiparous, and multiparous categories on the estrus expression and pregnancy rate of females who do not express estrus but are treated with GnRH during TAI.

Materials and Methods _____

Location, animals, and management

The experiment was conducted on a single commercial beef farm in South Brazil. Bovine females (n = 531), including nulliparous heifers (n = 144), primiparous cows (n = 132), and multiparous cows (n = 255) with a body condition score (BCS) ranging from 2.75 to 3.50 (scored on a scale of 1.00 to 5.00) were used (Lowman, Scott, & Somervalle, 1976). Heifers were between 24 and 30 months of age, primiparous cows were between 33 and 39 months of age, and multiparous cows were more than 44 months of age. The cows in the primiparous and multiparous groups were lactating, and had a postpartum period of 35-60 days at the beginning of the experiment.

All the animals were kept in a pasture of *Brachiaria brizantha* cultivar Marandu and supplemented with mineral sources ad libitum. The females from different categories were submitted to a TAI protocol with the same management practices (Figure 1) and inseminated using the semen of a single previously evaluated bull. The groups were compared in terms of the rates of estrus manifestation and pregnancy.



Figure 1. Experimental design and hormonal protocol used for timed artificial insemination (TAI) in heifers and Nelore cows (primiparous and multiparous). The cow's sacrococcygeal region was used to identify estrus in the animals. The sacrococcygeal region was painted on the eighth day of the ovulation induction protocol (D8). On the tenth day of the protocol (D10), the time of AI of the animals was classified into A - paint completely removed, demonstrating high estrus; B - paint partially removed, indicating low estrus; and C - paint was not removed, indicating no estrus. The GnRH dose given in females that exhibited no or low estrus is highlighted in red. EB: estradiol benzoate, P4: progesterone, eCG: equine chorionic gonadotropin, PGF2α: prostaglandin, EC: estradiol cypionate, GnRH: gonadotropin releasing hormone, and DG: pregnancy diagnosis.

Timed artificial insemination and experimental design

The ovulation synchronization protocol (Figure 1) was initiated in all the females on a random day of the estrous cycle (D0) with the application of 2 mg of estradiol GlobalGen benzoate (Syncrogen[®], Vet Science, Jaboticabal, São Paulo, Brazil), the insertion of an intravaginal device for first use, and impregnation with 1 g of progesterone (P4; Repro neo®, GlobalGen Vet Science, Jaboticabal, São Paulo, Brazil) in primiparous and multiparous cows. For P4 treatment, the group of heifers received a device containing 0.5 g of P4 (Repro one®, GlobalGen Vet Science, Jaboticabal, São Paulo, Brazil). Heifers received a lower dosage of P4 following the recommendation of Martins et al. (2014). At D0, the BCS was assessed in all the females in the study.

After 8 days (D8), the P4 device was removed and 300 IU of equine chorionic gonadotropin (eCGen[®], GlobalGen Vet Science, Jaboticabal, São Paulo, Brazil), 0.526 mg of cloprostenol (PGF2 α , Induscio[®], GlobalGen Vet Science, Jaboticabal, São Paulo, Brazil), and estradiol cypionate (0.600 mg for heifers and 1.000 mg for primiparous and multiparous cows; Cipion[®], GlobalGen Vet Science, Jaboticabal, São Paulo, Brazil) were applied in all the animals according to Sá et al. (2014, 2015). On D8, the sacrococcygeal



region of all the animals was painted to assess the manifestation of estrus following the methodology described by Nogueira et al. (2019), as shown in Figure 1.

On day 10 (D10; 48 h after the removal of the intravaginal device), all the females were inseminated. However, the animals that had their tail base paint removed, as shown in image A in Figure 1, were inseminated conventionally, whereas those that had their tail base totally or partially painted, as shown in images B and C in Figure 1, received an injection of 10 µg of buserelin acetate (IM, Prorelinn®, Boehringer Ingelheim Animal Health, Campinas, São Paulo, Brazil), a synthetic hormone analogous to GnRH. The evaluation for the interpretation of partial paint, total paint, or the absence of paint on the tail was performed as described by Nogueira et al. (2019). Figure 1 highlights the timing of GnRH administration in females that did not present estrus.

Pregnancy diagnosis was performed in all the females after 30 days of TAI using ultrasound with a 5 MHz transrectal linear transducer (Aloka SSD-500, Aloka Co., Ltd., Tokyo, Japan) and was confirmed by the presence of a viable embryoin the uterus. Both AI and pregnancy diagnosis were performed by a single trained veterinarian.

Statistical analysis

The effects of different categories (nulliparous, primiparous, and multiparous) on the rates of estrus expression, conception

of females who manifested estrus, and conception of femalesthat received GnRH were analyzed using a binary logistic regression model, including the effect of the category as a fixed variable and the BCS as a covariate. In the presence of a significant effect, the rates were compared using the chi-square test to rank the categories. For descriptive analysis, the data were presented as percentages (%). All the statistical analyses were performed using the Minitab[®] statistical program version 18.1. The level of significance for rejecting H0 (the null hypothesis) was 5%; therefore, a level of significance of ≤ 0.05 was considered to indicate an effect of categorical variables and their interactions.

Results and Discussion _____

There was no effect (P > 0.1) of the BCS on the pregnancy rate in any of the categories assessed. In general, the estrus expression rate was 72.32% (384/531), which was lower (P = 0.006) in the primiparous females (61.36%; 81/132) than in the nulliparous (76.39%; 110/144) and multiparous (75.69%; 193/255; Figure 2) females. The overall pregnancy rate in this experiment was 74.76% (397/531), and those in the three categories were similar (P = 0.98). In general, the pregnancy rate of animals that showed estrus was 82.81% (318/384), and that of those that did not exhibit estrus and were treated with GnRH was 53.74% (79/147). The pregnancy rates did not differ among the animals regardless of whether they showed estrus (Table 1).

Table 1

Pregnancy rates of Nelore cows of different categories submitted to timed artificial insemination (TAI) with the strategic use of gonadotropin-releasing hormone (GnRH) in females that did not show estrus

Category	Pregnancy/Estrus	Pregnancy/GnRH	Total Pregnancy
Nulliparous	84.54% (93/110)	41.18% (14/34)	74.30% (107/144)
Primiparous	86.42% (70/81)	56.86% (29/51)	75.00% (99/132)
Multiparous	80.31% (155/193)	58.06% (36/62)	74.90% (191/255)
P-value	0.39	0.24	0.98



Figure 2. Estrus expression rates in different categories (nulliparous, primiparous, and multiparous) of Nelore females submitted to the ovulation synchronization protocol for timed artificial insemination. The superscripted letters indicate differences (P = 0.006) among the categories.

The use of GnRH to increase the pregnancy rate of females that do not express estrus in TAI has been proven in other studies (Nogueira et al., 2019; Rodrigues et al., 2019). In this study, we investigated whether there is any effect of the female category when employing the same management of GnRH

in TAI. Although the results revealed a lower proportion of primiparous females that expressed estrus in TAI compared with those of nulliparous and multiparous females, the pregnancy rate remained similar between the different categories.



The primiparous category showed the lowest estrus expression, and similar results were found by Ferraz et al. (2016), who also evaluated the estrus expression in different categories of Nelore females. Primiparous cows are the most metabolically challenged among the Nelore matrixes, especially when raised in a pasture system and receiving only mineral supplementation. In most cases, this challenge is related to the need for primiparous females to have sufficient nutrients for growth and lactation (Cunha, Fernandes, Garcia, & Gioso, 2013). Under favorable conditions, the primiparous females will make nutrients available for a new pregnancy, thereby demonstrating a lower response in the overall reproductive performance (Oliveira, Bonato, & Santos, 2011).

In our study, the pregnancy rate was not influenced by the BCS, which was similar to the results reported by Ferraz et al. (2016) who evaluated the effect of the BCS on the reproductive performance in different categories. Although the BCS is an important parameter for determining the metabolic condition of bovine females (Gionbelli et al., 2015), a single assessment at the beginning of the TAI protocol, as was conducted in the present study and in that of Ferraz et al. (2016), does not reliably demonstrate the condition of the cow's energy balance. According to D'Occhio, Baruselli and Campanile (2019), to relate the BSC with the metabolic condition and a better reproductive performance, it is necessary to evaluate the BSC on more occasions, especially at the time of calving, which is difficult to perform in cattle raised in extensive systems. This might have been why the primiparous cows, even though they did not show an adequate BSC at the beginning of the protocol, had a lower estrus expression rate.

In contrast, the primiparous females who showed estrus during TAI had a pregnancy rate similar to that of the nulliparous and multiparous females. This demonstrates that if the primiparous cows show estrus during the synchronization for TAI, they may have a reproductive performance as good as that of the other categories. Regardless of the category, females that showed estrus had pregnancy rates above 80.00% in the synchronization protocol, which were higher than those found by Nogueira et al. (2019), who reported pregnancy rates of 60.91% in Nelore multiparous cows that manifested estrus. Regarding the multiparous females in the present study, the total pregnancy rate was 74.90%, which was higher than the 54.01% reported by Rodrigues et al. (2019), who also administered GnRH to multiparous females who did not show estrus.

In addition to sanitary and nutritional several factors, management, such as environmental conditions, have a great influence on the reproductive performance of bovine females subjected to TAI (Marques, Morotti, Lorenzetti, Bizarro-Silva, & Seneda, 2018; Rodrigues et al., 2019). In this context, in multiparous Nelore females submitted to the same type of hormonal protocol used in the present study, Crepaldi, Sales, Girotto, Carvalho and Baruselli (2019) obtained a 68.4% pregnancy rate, which was not a significant difference, thereby demonstrating that the environmental conditions were very similar to those in the present study. In addition Crepaldi et al. (2019), did not administer GnRH in females that did not express estrus; in comparison with the results of the present study, although the authors found a high pregnancy rate in the multiparous category, it was 6.5% lower than that in the present study, thereby demonstrating that the multiparous category is favorable for the use of GnRH. Primiparous females were also favorable for the use of GnRH because despite having a lower estrus expression rate, they had the same pregnancy rate as the females in the other categories.

The effect of GnRH has been proven in a study conducted by Rodrigues et al. (2019), who identified the effects of GnRH administration in 937 multiparous females who did not express estrus on the day of TAI in relation to the control group (0.90% NaCl) and observed an increase in the pregnancy rate of 9.77% with the use of GnRH. However, unlike the study by Rodrigues et al. (2019), this study evaluated the effects of different categories on the use of GnRH in animals that do not express estrus. Furthermore, primiparous and multiparous females tend to have a lower reproductive performance than nulliparous females (Marques et al., 2015).

The lower reproductive performance in primiparous and multiparous cows is likely related to the fact that they are lactating, which may result in energetic wear, thereby causing a negative energy balance (Astessiano et al., 2014; Margues et al., 2015). Animals with a negative energy balance do not have sufficient luteinizing hormone (LH) peaks to promote ovulation (Cheong et al., 2016; Meteer, Shike, & Cardoso, 2015). Another factor that can impair ovulation in lactating cows is the sensory interaction between the cow and the calf; according to Dobson, Routly and Smith (2020), this interaction stimulates the secretion of endogenous opioids by the hypothalamus, thereby inhibiting GnRH secretion and consequently the frequency of LH peaks necessary for ovulation. In addition, the suckling calf has a suction effect, which has been related to the reduction in the amount of

intrafollicular receptors for LH (Barreiros et al., 2014; Campos, Marinho, Lunardelli, Morotti, & Seneda, 2013; Dobson et al., 2020).

However, the use of exogenous GnRH in lactating animals, even in the presence of calves, causes the release of LH by the pituitary gland and promotes ovulation, thereby resulting in the pregnancy of animals that naturally would not become pregnant when inseminated at a fixed time (D'Occhio et al., 2019). This probably occurred in the group of primiparous and multiparous females, which had the same pregnancy rate as non-lactating nulliparous females.

Conclusions ____

Primiparous females showed a lower estrus expression rate in the ovulation synchronization protocol for TAI than nulliparous and multiparous females. However, there was no difference in the pregnancy rate among the three categories of those in estrus and those who did not express estrus but were treated with GnRH.

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