

Physiological responses of watercress to brackish waters and different nutrient solution circulation times¹

Respostas fisiológicas de agrião com águas salobras e diferentes tempos de circulação da solução nutritiva

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Highlights:

The use of brackish waters is an option for semi-arid regions.

Gas exchange in watercress decreases in water with EC_w above 2.6 dS m⁻¹.

Proline concentration increases with plant salinity.

Abstract

Water scarcity and the use of brackish water are the main challenges for agricultural development. In view of this, the present study proposes to examine physiological responses of the broadleaf-cress crop in an NFT hydroponics system according to the use of brackish water and nutrient solution circulation times. The treatments were distributed in a randomized block design with five water salinity levels (EC_w: 0.6, 1.6, 2.6, 3.6 and 4.6 dS m⁻¹) and two nutrient solution circulation times (T1 = 10 min and T2 = 15 min), totaling 10 treatments with four replicates, which resulted in 40 experimental plots. The following variables were analyzed: net photosynthetic rate, stomatal conductance, transpiration, leaf proline content, shoot moisture content, stem diameter and root length. The maximum observed photosynthetic rates were 20.9 mmol m⁻² s⁻¹ (T1) and 20.0 mmol m⁻² s⁻¹ (T2). Maximum stomatal conductance was 0.44 mol m⁻² s⁻¹, which decreased by 63.4% at the highest salinity level. The increasing EC_w levels in both growing cycles evaluated reduced gas exchanges, stem diameter and root length. The nutrient solution circulation time of 15 min provided the most satisfactory results for the analyzed variables.

Key words: *Nasturtium officinalis*. Gas exchange. Electrical conductivity. Hydroponics.

Resumo

A escassez hídrica e o uso de água salobras são os principais desafios para o desenvolvimento agrícola. Diante disto o objetivo deste trabalho foi avaliar respostas fisiológicas da cultura do agrião d' água de folhas larga em sistema hidropônico NFT em função do uso de águas salobras e tempos de circulação da solução nutritiva. Os tratamentos foram distribuídos em delineamento em blocos casualizados, com cinco níveis de salinidade da água (CEa: 0,6; 1,6; 2,6; 3,6 e 4,6 dS m⁻¹) e dois tempos de circulação

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da solução nutritiva, (T1 =10 e T2=15 min), totalizando 10 tratamentos com 4 repetições, resultando em 40 parcelas experimentais. As variáveis analisadas foram: taxa de fotossíntese líquida, condutância estomática, transpiração, teor foliar de prolina, teor de umidade da parte aérea das plantas, diâmetro do caule e comprimento das raízes. A máxima fotossíntese observada foi de 20,9 mmol m⁻²s⁻¹ (T1) e 20,0 mmol m⁻²s⁻¹ (T2), para a condutância estomática foi 0,44 mol m⁻²s⁻¹ provocando decréscimo 63,4%. O aumento dos níveis de CEa, em ambos os ciclos de cultivo avaliados, reduziram os valores de trocas gasosas, diâmetro do caule e comprimento da raiz. O tempo de 15 min promoveu os resultados mais satisfatórios para as variáveis analisadas.

Palavras-chave: *Nasturtium officinalis*. Trocas gasosas. Condutividade elétrica. Hidroponia.

Introduction

Water scarcity and poor water quality are the main challenges for agricultural development. Thus, the search for technologies may be an option to broaden the water supply, allowing, for instance, the use of brackish water sources. The hydroponic technique represents an alternative for the use of these waters (Campos, Santos, Silva, Martins, & Rolim, 2018), since plants in this system have a higher tolerance to salinity owing to the almost total absence of matric potential (F. V. Silva et al., 2013).

Some problems still need to be addressed before establishing the use of brackish waters in hydroponics. Irrigation frequency and nutrient solution circulation time are some of the little studied aspects due to the conventional use of fixed times in production, where 15-min intervals are commonly adopted (Martinez, 2016). However, variations in circulation time can be related to several factors, e.g., time of year (Silva, Soares, Silva, Santos, & Klar, 2012), climatic conditions of the area, among others. In this respect, Campos et al. (2018) evaluated arugula production in a hydroponic system and observed an effect of different nutrient solution circulation conditions on the roots and water use efficiency of the plants, which demonstrates the importance of this factor.

Another relevant aspect are the salinity-stress conditions to which plants are subjected in a hydroponic environment, which cause physiological changes such as reduced water flow caused by decreased stomatal conductance and, consequently, reduced transpiration (Gonçalves et al., 2010).

Among the biochemical responses, proline production is noteworthy. Proline is an amino acid that accumulates in response to salt or water stresses in plants (Paulus, Dourado, Frizzone, & Soares, 2010). However, plant species differ in biochemical and physiological responses (Chiconato, Sousa, Santos, & Munns, 2019; Munns, 2011), especially depending on their growing environment. Despite this, changes and physiological disturbances in crops in hydroponic media have been little questioned, which has even led to comparisons with soil cultivation for plants such as watercress (*Nasturtium officinalis*), due to its recently studied production in hydroponic conditions. Therefore, further information is still required about the physiological aspects.

Watercress is a semi-perennial *Brassicaceae* that can be grown in water or soil. It is considered a culinary plant that can be used in salads or as a complement to other dishes (Filgueira, 2012). As stated by Lira et al. (2018), in hydroponic cultivation using of brackish water, watercress has its production variables such as fresh and dry matter reduced. However, this production varies depending on the type of brackish water used. According to Lira et al. (2019), watercress has a better response, in terms of fresh and dry matter, to chlorinated calcium water, despite its high salinity (4.71 dS m⁻¹). Nonetheless, studies on the physiological aspects of this crop in saline medium are still incipient, warranting greater attention to complement the information existing thus far.

In view of the above situation, this study was undertaken to examine the physiological responses

of the broadleaf-cress crop in an NFT hydroponics system according to the use of brackish water and nutrient solution circulation times.

Material and Methods

The experiment was carried out in a greenhouse at the Agrometeorological Station of the Department of Agricultural Engineering (DENEA) at the Federal University of Ceará, Pici Campus, in Fortaleza - CE, Brazil (3°44'43.273" S and 38°34'56.650" W; 22 m above sea level). Climatic data were collected

in the greenhouse throughout the experimental period by a portable meteorological station (HOBO data logger; temp/light/ext channel) that took readings every 30 min over 24 h. Figure 1 shows the average, minimum and maximum temperature and relative humidity values obtained inside the protected environment during the two growing cycles. Average daily temperature ranged from 26.3 to 31.3 °C (first cycle) and from 26.9 to 32.3 °C (second cycle) and average relative humidity oscillated between 69.2 and 91.1% (first cycle) and 66.8 and 91.1% (second cycle).

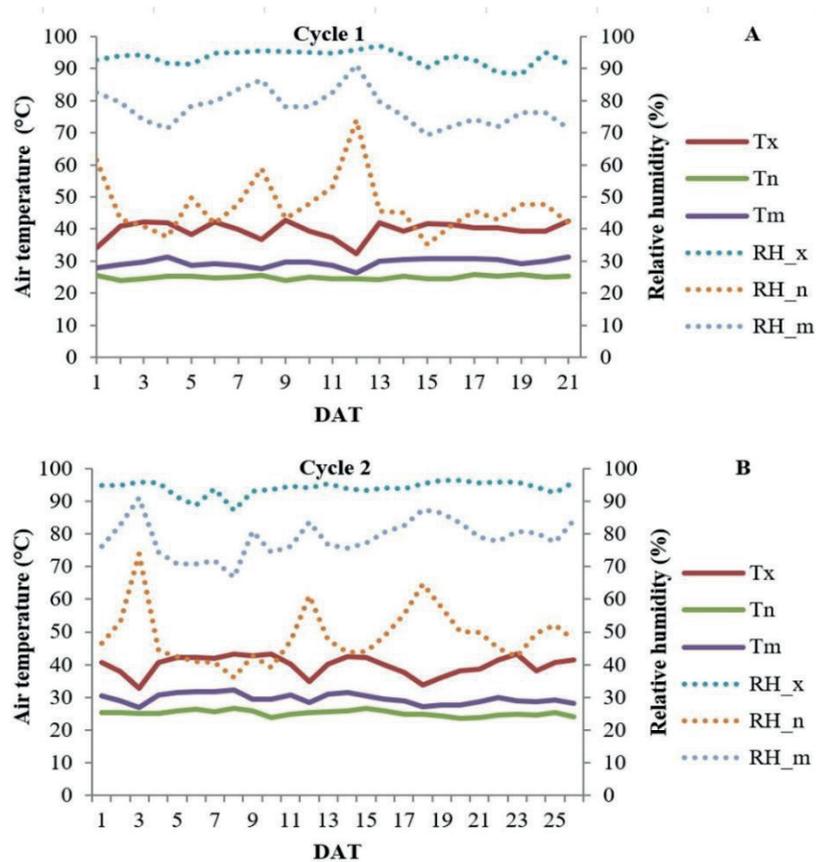


Figure 1. Maximum (Tx), average (Tm) and minimum (Tn) air temperature and maximum (RH_x), average (RH_m) and minimum (RH_n) relative humidity in the first (A) and second (B) production cycles in the greenhouse.

A NFT (laminar nutrient flow technique) hydroponic system was adopted in which the treatments were distributed in a randomized-

block design with a 5×2 factorial arrangement represented by five levels of salinity in the water used in the preparation of the nutrient solution (0.6,

1.6, 2.6, 3.6 and 4.6 dS m⁻¹) and two nutrient solution circulation times (T1 = 10 min and T2 = 15 min). Four replicates were used, totaling 40 experimental plots. The salinity levels were obtained by adding sodium chloride (NaCl) to the supply water (0.6 dS m⁻¹). After each water salinity level with NaCl was obtained, the macro- and micronutrients to prepare the nutrient solution were added, as recommended by Furlani (1998). Both nutrient solution circulation times were programmed via timer for 10 and 15 min of circulation.

The experimental plot consisted of a profile in an independent NFT system (Soares et al., 2009) composed of 2.7-m-long PVC tubes (100-mm diameter with 2.5-cm-radius holes) with plants and profiles spaced 0.25 m apart, totaling ten holes where nine plants were grown per profile. The profiles were installed in the structure at an average height of 0.85 m, with an inclination of 3.0%, to promote drainage. The nutrient solution was stored in 50-L drums and conducted through the PVC pipe to be injected into the profile through microtubes at a flow rate of 1.5 L min⁻¹.

Broadleafcress (*Nasturtium officinale*) seeds were sown in trays containing coconut fiber substrate. At eight days after sowing (DAS), seedlings received a nutrient solution as recommended by Furlani (1998), diluted by 50%. At 10 DAS, the plants were thinned, leaving one seedling per cell. At 30 DAS, seedlings were transplanted to hydroponic profiles where the saline treatments were started.

At 6, 10, 14, 20 and 25 days after transplanting (DAT), in both production cycles, the growth traits of root length (cm) and stem diameter (cm) were measured using a graduated ruler and a digital caliper, respectively. At 20 DAT, gas exchanges were determined on fully expanded leaves. Net photosynthetic rate (*A*), stomatal conductance (*g_s*) and transpiration (*E*) were measured by a portable photosynthesis meter (LI-6400XR, Liqor, USA) based on the CO₂ concentration

and photosynthetically active radiation of the environment.

The proline content was determined following the methodology of Bates, Waldren and Teare (1973). Calculations were made using the equation obtained for the standard curve made with L-proline as reference, and results were expressed in μmol proline g⁻¹ of dry matter.

The plant shoot moisture content (U) was calculated using equation 1 (A. O. Silva et al., 2012), as shown next:

$$U = \left(\frac{SFM - SDM}{SFM} \right) \times 100 \quad (1)$$

where U - shoot moisture (%); SFM - shoot fresh matter (g); and SDM - shoot dry matter (g).

Data were subjected to the normality test, followed by analysis of variance (F-test). When significant effects were detected, regression analysis was performed for quantitative data and Fisher's t test for qualitative data at 1% (p<0.01) and 5% (p<0.05) probability, using SISVAR software version 5.3.

Results and Discussion

The leaf gas exchange, proline content and moisture content of the watercress crop in the two cycles are described in Table 1. In the first cycle, there was a significant effect of the salinity factor on photosynthesis (*A*), transpiration (*E*), stomatal conductance (*g_s*) and proline content. For the time factor, only the plant moisture content (U) was influenced. The salinity × time interaction influenced *A* only. In the second cycle, the salinity factor affected the U and proline variables. There was a salinity × time interaction effect for the *E* variable.

Table 1

Summary of analysis of variance for the variables of photosynthesis (*A*), transpiration (*E*), stomatal conductance (*gs*) and proline and moisture (*U*) contents in watercress grown in brackish water under nutrient solution circulation times, in two growing cycles

SV	DF	<i>A</i>	<i>E</i>	<i>gs</i>	Proline	<i>U</i>
Cycle 1						
Block	3	12.32 ^{ns}	0.16 ^{ns}	0.023 ^{ns}	5460.47 ^{ns}	2.64 ^{ns}
Salinity	4	86.23 ^{**}	4.29 ^{**}	0.094 [*]	66229.19 ^{**}	23.28 ^{ns}
Time	1	2.86 ^{ns}	0.5 ^{ns}	0.044 ^{ns}	282.54 ^{ns}	12.99 ^{**}
Salinity*Time	4	10.94 [*]	0.58 ^{ns}	0.0089 ^{ns}	1917.57 ^{ns}	3.36 ^{ns}
Residual	27	3.92	0.42	0.028	3060.86	1.37
CV (%)		11.23	14.83	50.69	25.91	1.37
Cycle 2						
Block	3	412.74 ^{**}	22.53 ^{**}	0.082 ^{ns}	2785.37 ^{ns}	1.07 ^{ns}
Salinity	4	3.11 ^{ns}	5.16 ^{ns}	0.188 ^{ns}	8094.00 [*]	16.54 [*]
Time	1	8.46 ^{ns}	2.43 ^{ns}	0.05 ^{ns}	4814.73 ^{ns}	1.98 ^{ns}
Salinity*Time	4	1.67 ^{ns}	13.26 ^{**}	0.107 ^{ns}	2724.73 ^{ns}	1.25 ^{ns}
Residual	27	6.77	2.78	0.104	2871.85	5.09
CV (%)		7.71	25.45	44.09	34.23	2.62

SV - source of variation; DF - degrees of freedom; CV - coefficient of variation; ^{ns} - not significant, ^{**}, ^{*} - significant at 1% and 5% by the F test.

The effects of salinity on gas exchange in the first cycle are illustrated in Figure 2. The interaction effect between salinity and time for *A* was significant (Figure 2A), and the regression model that best fitted the data was the quadratic type. According to this model, the maximum *A* in T1 and T2 was achieved at the salinity levels of 1.9 and 2.2 dS m⁻¹, which provided the photosynthetic rates of 20.9 mmol and 20.0 mmol m⁻² s⁻¹, respectively. At the

highest salinity level (4.6 dS m⁻¹), *A* decreased by 52.8 and 29.9% in T1 and T2, respectively. In the comparison of means, a significant difference was observed between the circulation times at 4.6 dS m⁻¹ salinity, with higher means obtained in T2. This may be related to osmotic stress caused by the excess of salts, which induces an increase in leaf temperature and stomatal closure, reducing the photosynthetic process (Taiz, Zeiger, Møller, & Murphy, 2017).

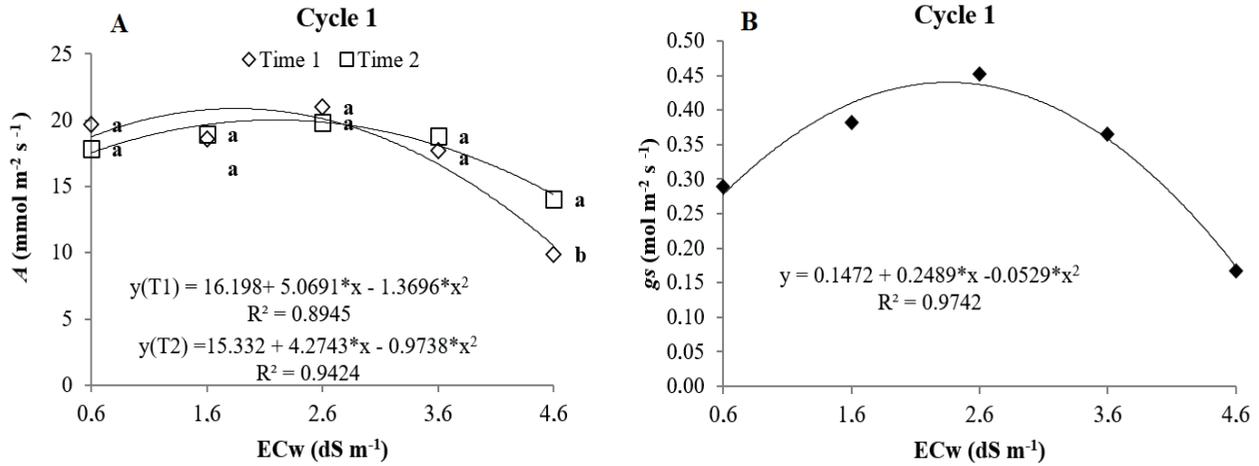


Figure 2. Mean values of the salinity × time interaction effect on photosynthesis - A (A) and the isolated factor of salinity on stomatal conductance - g_s (B) for the watercress crop in cycle 1.

*: significant at 5% by the F test.

Stomatal conductance (Figure 2B) responded quadratically, with the highest value ($0.4 \text{ mol m}^{-2} \text{ s}^{-1}$) found at the EC_w of 2.4 dS m^{-1} and the lowest at 4.6 dS m^{-1} , representing a 63.4% decrease. According to Oliveira et al. (2016), a reduction in g_s may be associated with the regulation of water absorption by plants in conjunction with nutrient absorption, under stress conditions. Plants close their stomata in an effort to reduce water loss through transpiration, resulting in a lower photosynthetic rate, which is a major cause of reduced growth in species subjected to salinity stress (F. V. Silva et al., 2013).

Salinity stress causes changes in the water status of plants, inducing stomatal closure to limit the entry of CO_2 . In addition, high concentrations of ions such as Na^+ and Cl^- are the main causes of damage to enzyme and membrane structures, which indirectly interferes with photosynthesis (F. L. B. Silva et al., 2011). Almeida, Aragão, Sousa, Bezerra and Silva (2018) examined the yield of the radish crop under different water tables and

observed a reduction in photosynthetic rate in the treatments under greater stress due to excess water in the plants. Those authors also found that stomatal conductance has a direct relationship with transpiration, whereby transpiration rate decreases as the plants close their stomata, reducing the loss of water to the atmosphere.

For E , the quadratic model best fit the isolated effect of salinity in the first cycle (Figure 3A) and the interaction between salinity and nutrient solution circulation time in the second cycle (Figure 3B). However, maximum transpiration in the first cycle was $5.0 \text{ mmol m}^{-2} \text{ s}^{-1}$ at the EC_w of 2.0 dS m^{-1} , with a 37.8% loss occurring when the highest EC_w level was used. In response to the salinity × time interaction, the highest E ($8.7 \text{ mmol m}^{-2} \text{ s}^{-1}$) occurred at the EC_w of 2.6 dS m^{-1} in T1, which decreased by 48.6% at the EC_w of 4.6 dS m^{-1} . In T2, the lowest values were observed at the EC_w of 2.6 and 4.6 dS m^{-1} .

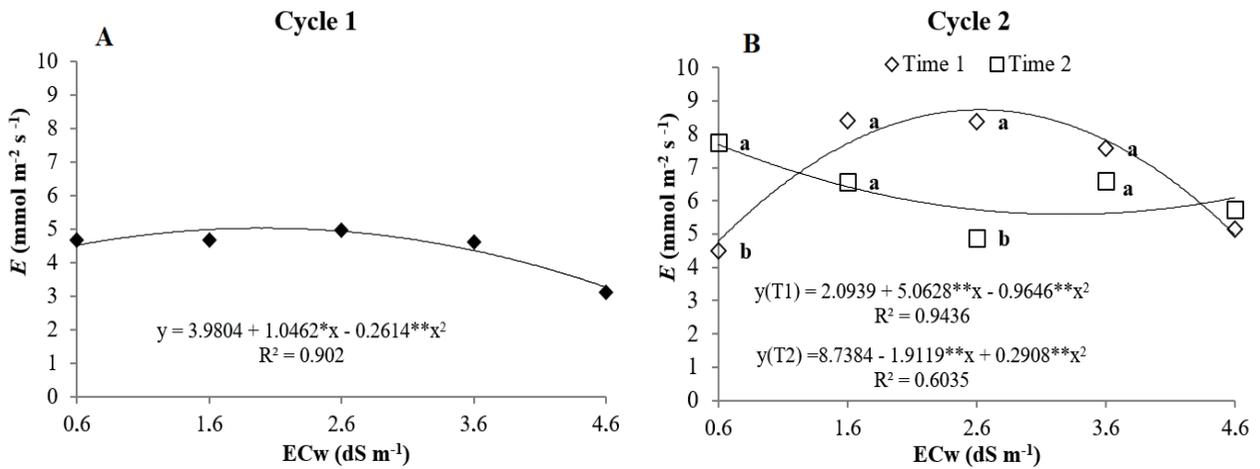


Figure 3. Transpiration as a function of the isolated effect of salinity (A) in cycle 1 and interaction between salinity and nutrient solution circulation time (B) in cycle 2 of the watercress crop.

** and *: significant at 1 and 5% by the F test.

Because watercress is a temperate-climate plant, it has no transpiration control and loses water easily, which characterizes its inefficiency. At mild temperatures, the plant is turgid, loses little water and transpires less, whereas at high temperatures, as in the present study (31.3 °C in the first cycle and 32.3 °C in the second cycle), greater transpiration is observed. As described by Taiz et al. (2017), optimal temperatures for C3 plants are between 20 and 25°C. The authors went on to mention that, in low temperature conditions, C3 plants exhibit low photorespiration, becoming more productive.

Figure 4 shows the isolated effect of salinity on the proline content, in both cultivation cycles. The

quadratic model provided the best fit to this variable. In the first cycle, the proline content was 61.9% higher at the highest salinity level in relation to the lowest ECw. In the second cycle, the maximum proline value was 178.4 $\mu\text{mol g}^{-1}$ DM at the ECw of 3.2 dS m^{-1} , which represents a 34.4% increase when compared with lowest ECw value. This response shown by proline can be considered a regulatory mechanism when the plant is under stress, whereby the plant synthesizes it in greater quantities. In other words, proline production increases along with the amount of salt. However, lower values were observed in the second cycle, indicating a reduction in the stress caused by the salts.

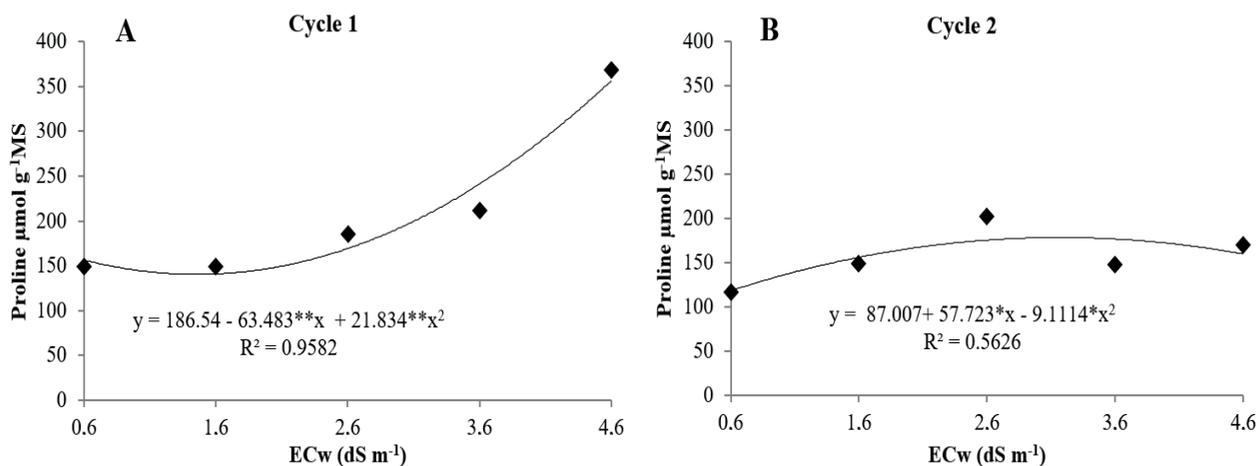


Figure 4. Proline as a function of salinity in cycles 1 (A) and 2 (B) in the watercress crop.

** and *: significant at 1 and 5% by the F test.

Paulus et al. (2010) evaluated the proline content of lettuce and found that water salinity had a significant effect on the plants, considering that this amino acid is an indicator of stress. Sarabi, Bolandnazar, Ghaderi and Ghashghaie (2017) studied the physiological responses of melon to salinity stress and showed that proline accumulation was highest in the most severe salinity treatments. According to those authors, in more sensitive melon varieties, proline also accumulated, although this accumulation was lower and their biomass also decreased more markedly. The increase in proline in tolerant melon varieties possibly supports the idea that proline neutralizes osmotic stress caused by salinity stress, providing these varieties with greater tolerance to that stress. Hannachi and Van Labeke (2018) showed, in eggplant seedlings, that

the varieties most sensitive to salinity stress had a higher proline content. Therefore, the results of these authors support the idea that proline is an indicator of stress.

Figure 5 shows the moisture content (U) of the plants in the two growing cycles. In the first cycle (Figure 5A), the average plant U values were evaluated as a function of the nutrient solution circulation times. The use of T2 provided the highest mean (86.3%) among the observed values, which may have been due to the longer circulation time. In the second cycle (Figure 5B), the best fitting model was the quadratic model, with the maximum U observed at the salinity level 1.5 dS m⁻¹, which declined by 2.1% at the ECw of 4.6 dS m⁻¹.

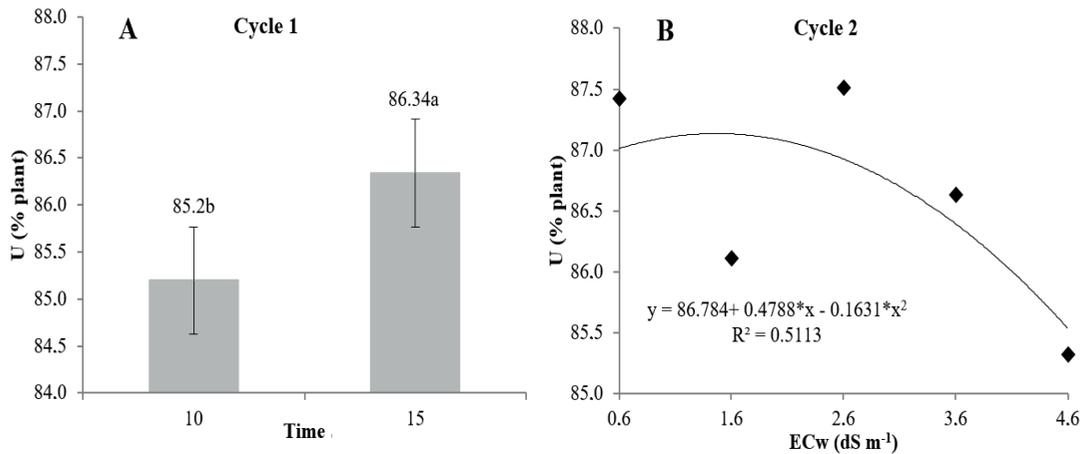


Figure 5. Variation of moisture content as a function of salinity levels in cycle 1 for the isolated factor of time (A) and in cycle 2 for the isolated factor of salinity (B) in the broad-leaved cress crop.

** and *: significant at 1 and 5% by the F test.

In the arugula crop, A. O. Silva et al. (2012) found an average plant moisture value of 85.4% in brackish waters and 84.8% with the addition of NaCl to desalinated water (0.5 dS m⁻¹). Soares, Duarte, Silva and Jorge (2010) worked with the combination of fresh and brackish water in the lettuce crop and observed that as they increased the salinity of the replacement water, the water content in the shoots decreased, i.e., the plants lost water. Campos et al. (2018) investigated the arugula crop in a hydroponic system and reported that the water content of the plants decreased up to 8.1% in the salinity range of 1.5 to 9.0 dS m⁻¹.

According to analysis of variance (Table 2), stem diameter (SD) was significantly influenced by the salinity factor at 14 and 20 DAT in the first cycle and at 14, 20 and 25 DAT in the second cycle. Nutrient solution circulation time influenced SD in the second cycle at 14 DAT. Root length (RL) was influenced in the first cycle by the isolated factors at 10 and 14 DAT and by the interaction at 14 DAT. In the second cycle, there was an isolated effect of salinity on RL at all evaluated times, except at 6 and 20 DAT.

Table 2

Summary of analysis of variance for the growth variables of stem diameter (SD) and root length (RL) in watercress grown in brackish water under nutrient solution circulation times, in two growing cycles

SV	DF	Mean square				
		Stem diameter				
		6 DAT	10 DAT	14 DAT	20 DAT	25 DAT
Cycle 1						
Block	3	0.00043 ^{ns}	0.00012 ^{ns}	0.00015 ^{ns}	0.00144 ^{ns}	-
Salinity	4	0.00031 ^{ns}	0.00033 ^{ns}	0.0062 ^{**}	0.00730 ^{**}	-
Time	1	0.00081 ^{ns}	0.00016 ^{ns}	0.0000 ^{ns}	0.00100 ^{ns}	-
Salinity*Time	4	0.00024 ^{ns}	0.00041 ^{ns}	0.00045 ^{ns}	0.00094 ^{ns}	-
Residual	27	0.00020	0.00044	0.00065	0.00090	-
CV (%)		7.86	9.65	9.81	8.85	-
Cycle 2						
Block	3	0.00032 ^{ns}	0.000143 ^{ns}	0.000203 ^{ns}	0.00031 ^{ns}	0.00056 ^{ns}
Salinity	4	0.00029 ^{ns}	0.000794 ^{ns}	0.001341 [*]	0.00140 [*]	0.00247 ^{**}
Time	1	0.00001 ^{ns}	0.000360 ^{ns}	0.002103 [*]	0.00081 ^{ns}	0.000003 ^{ns}
Salinity*Time	4	0.00007 ^{ns}	0.000016 ^{ns}	0.000284 ^{ns}	0.00074 ^{ns}	0.00095 ^{ns}
Residual	27	0.00015	0.000153	0.00034	0.00045	0.00037
CV (%)		9.80	7.37	9.42	8.79	6.57
Root length						
Cycle 1						
Block	3	0.22 ^{ns}	0.27 ^{ns}	0.067 ^{ns}	0.034 ^{ns}	-
Salinity	4	1.86 ^{ns}	0.69 [*]	2.28 ^{**}	4.19 ^{ns}	-
Time	1	0.034 ^{ns}	0.5 ^{ns}	1.19 [*]	0.087 ^{ns}	-
Salinity*Time	4	1.28 ^{ns}	0.26 ^{ns}	0.95 ^{**}	0.44 ^{ns}	-
Residual	27	0.15	0.12	0.18	0.25	-
CV (%)		7.66	6.18	6.90	7.36	-
Cycle 2						
Block	3	0.21 ^{ns}	0.049 ^{ns}	0.11 ^{ns}	0.37 ^{ns}	0.11 ^{ns}
Salinity	4	0.49 ^{ns}	0.76 ^{**}	0.69 ^{**}	0.16 ^{ns}	10.99 ^{**}
Time	1	0.012 ^{ns}	0.082 ^{ns}	0.16 ^{ns}	0.00002 ^{ns}	1.47 ^{ns}
Salinity*Time	4	0.11 ^{ns}	0.21	0.14 ^{ns}	0.38 ^{ns}	1.25 ^{ns}
Residual	27	0.08	0.10	0.11	0.22	0.56
CV (%)		9.30	9.01	8.89	11.27	11.75

SV - source of variation; DF - degrees of freedom; CV - coefficient of variation; ^{ns} - not significant, ^{**}, ^{*} - significant at 1% and 5% by the F test.

In the first cycle (Figure 6A), the quadratic model best fitted the SD data at 14 DAT, with the lowest values observed at the ECw of 1.6 dS m^{-1} , whereas the linear model was best-fitting at 20 DAT, with a reduction of $0.94 \text{ cm plant}^{-1}$ occurring with each unitary increase in ECw. In the second cycle (Figure 6B), at 14 DAT, the best fitting regression model for SD was the quadratic type, with a maximum growth of 0.20 cm observed at the ECw of 0.6 dS m^{-1} , which decreased by 10% at the ECw of 3.6 dS m^{-1} . At 20 and 25 DAT, SD decreased linearly by 0.80 and $0.44 \text{ cm plant}^{-1}$, respectively, with each unitary increase in ECw. An excess of salts hinders water and nutrient absorption by the plant, contributing to the decrease in stem growth. R. S. S. Santos et al. (2010) examined the effect of salinity on the development of lettuce in a hydroponic system and found a linear reduction in plant production with increased salinity.

A decrease in SD was also described by Albuquerque et al. (2016), who evaluated the growth and tolerance of cucumber to salinity stress. Those authors found that salinity influenced stem diameter in the crop, which decreased as the salt concentrations were raised. Lima et al. (2015) also observed that the SD of eggplant was influenced by the increase in the salinity of the irrigation water. This reduction can be caused by high concentrations of salts, which interact negatively with the physiology of plants and promote harmful ionic, osmotic and nutritional interactions, affecting their growth and biomass accumulation (Taiz & Zeiger, 2013).

Figure 6C shows the average SD in the second cycle at 14 DAT as a function of the nutrient solution circulation times. The use of T2 provided greater growth in SD (0.20 cm , on average). This response may have been due to the longer circulation time, which made smaller volumes of water available per day, possibly stimulating growth and reducing the stress caused by excess water in T1.

According to the regression analyses for RL, the quadratic and linear models best fit the data for isolated effect of salinity in the evaluation periods and for the salinity \times time interaction effect in the first (6 and 10 DAT) and second (10.1 and 25 DAT) cycles (Figure 7). The maximum root growth in the first cycle at 6 DAT was $5.4 \text{ cm plant}^{-1}$ at the ECw of 1.4 dS m^{-1} , which dropped by 13.2% at the ECw of 4.6 dS m^{-1} . At 10 DAT, RL was $5.9 \text{ cm plant}^{-1}$ at the ECw of 2.0 dS m^{-1} , which would decrease by 12% at the ECw of 4.6 dS m^{-1} (Figure 8A). At 14 DAT (Figure 7B) in the first cycle, there was an interaction effect between ECw and nutritional circulation time for RL. In T1, a linear reduction of 0.34 cm occurred with each unitary increase in ECw, whereas in T2 the maximum value found was 6.85 cm at the ECw of 0.9 dS m^{-1} , which declined by 21.6% decrease at the ECw of 4.6 dS m^{-1} . When we compare the times, it is notable that a difference was only present at the salinity level of 3.6 dS m^{-1} , and the highest value was found with T2.

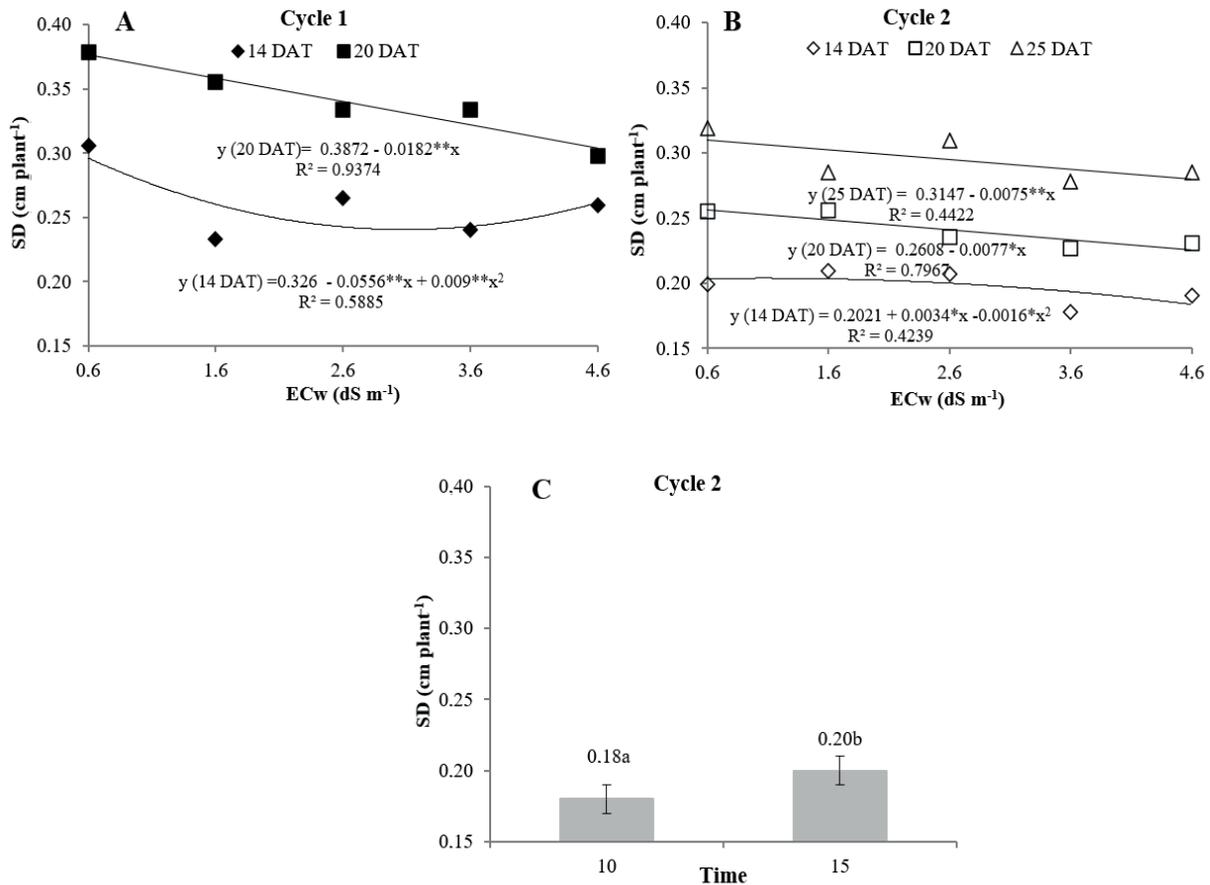


Figure 6. Stem diameter as a function of the isolated effect of water salinity in cycles 1 (A) and 2 (B) and as a function of nutrient solution circulation time (C) in the watercress crop.

** and *: significant at 1 and 5% by the F test.

In cycle 2, at 10 and 14 DAT (Figure 7C), the water salinity levels that increased RL were 1.8 and 1.7 dS m⁻¹, respectively, providing RL values of 3.7 and 4.0 cm, which represented 17% and 11% greater lengths in relation to those obtained at the highest ECw. At 25 DAT, as ECw was increased, RL decreased linearly, by 0.63 cm. According to

Mohammad, Shibli and Ajouni (1998), an increase in salinity is accompanied by a decrease in root length, which was observed in the present results. D. P. Santos et al. (2016) also found that the length of beetroot was negatively affected by increasing salinity.

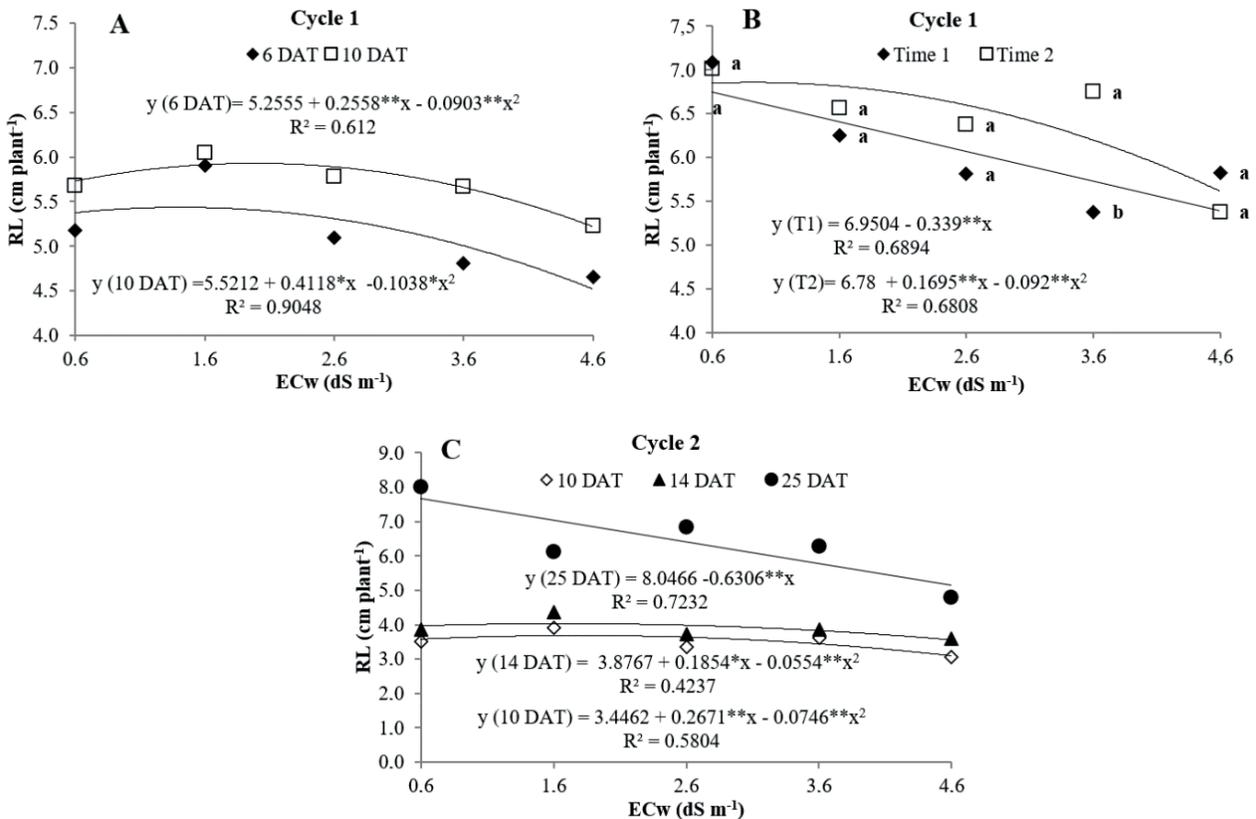


Figure 7. Root length as a function of the isolated effect of salinity (A and C) in cycle 1 and interaction between salinity and nutrient solution circulation time (B) in cycle 2 of the watercress crop. ** and *: significant at 1 and 5% by the F test.

Conclusion

Increasing the water salinity in both cultivation cycles will reduce gas exchanges, stem diameter and root length. The proline content indicated that even under hydroponic conditions, the plants exhibit stress in response to increasing water salinity, regardless of the nutrient solution circulation time. The circulation time of 15 min provided the most satisfactory results for the analyzed variables, in both growing cycles.

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