

Carcass characteristics and meat quality of Nelore females reared in an intensive system using progesterone ear implant

Características da carcaça e qualidade da carne de fêmeas Nelore criadas em sistema intensivo utilizando implante auricular de progesterona

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Abstract

This study was carried out to evaluate the influence of a synthetic progesterone ear implant on weight gain and meat quality of Nelore heifers. Twenty-eight Nelore heifers with an average initial weight of 240.9 kg were used in this experiment. All heifers received the same dietary management, in an intensive rearing system, with mineral salt and water *ad libitum*. Heifers were distributed, in a completely randomized design, into two treatments (with and without progesterone ear implant) with seven replications, in 14 stalls. Analysis of variance was performed, and, for non-parametric variables, the Kruskal-Wallis test was applied. Parameters referring to the meat quantitative and qualitative characteristics, represented by the weight and yield of the carcass, conformation, marbling, color, meat texture, carcass morphometric measurements, *longissimus dorsi* muscle area, and fat thickness, were not affected by the progesterone hormone. The use of the progesterone ear implant did not change the carcass physical characteristics or the meat quality characteristics.

Key words: Feedlot. Hormone. Performance. Zebu.

Resumo

Este trabalho foi realizado para avaliar a influência do implante auricular de progesterona sintética sobre ganho de peso e na qualidade de carne de novilhas Nelore. Foram utilizadas 28 novilhas Nelore com peso inicial médio de 240,9 kg. Todas as novilhas receberam o mesmo manejo alimentar, em sistema intensivo de criação, com sal mineral e água *ad libitum*. Foram distribuídas em delineamento inteiramente casualizado, com dois tratamentos (com e sem implante auricular de progesterona) e sete repetições, em 14 baias, com a realização de análise de variância e para as variáveis não paramétricas foi realizado o teste de Kruskal-Wallis. Os parâmetros referentes às características quantitativas e qualitativas da carcaça e da carne, representados pelo peso e rendimento da carcaça, conformação, marmoreio, coloração, textura da carne, medidas morfométricas da carcaça, área do músculo *Longissimus dorsi* e espessura de gordura não foram afetados pelo hormônio progesterona. A utilização do implante auricular de progesterona,

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não alterou as características físicas da carcaça e a qualidade da carne.

Palavras-chave: Confinamento. Desempenho. Hormônio. Zebuíno.

Introduction

In Brazil, beef cattle are mostly finished on pasture, and the feedlot system is used in smaller proportions. However, the feedlot can be used as a strategy in the pre-weaning, post-weaning, and finishing stages to accelerate the development of animals and provide an increase in the number of cattle finished per year, thereby contributing to the growth of the national livestock sector (ALMEIDA et al., 2010).

The Nellore breed is ranked first in number of heads in the Brazilian herd because of its rusticity. This breed participates in the national livestock in pure or crossbred herds with excellent meat production performance, which can exceed 1.2 kg/day (MARQUES, 2003). Marques et al. (2000) reported an average daily gain of 1.6 kg for Nellore × European crossbred animals.

The vast majority of meat consumed in Brazil does not have defined quality patterns, originating from different categories such as cows, oxen, heifers, and steers; however, consumers are seeking products of better quality that do not harm the environment (COUTINHO FILHO et al., 2006). As a result, the cattle farming activity has undergone some changes in recent years that have affected its efficiency and profitability. Therefore, innovative research is being conducted and techniques are being investigated so as to improve quality meat production at a lower cost and in less time (VERA et al., 2013). For the best sale of this meat to be possible, the carcass classification is a parameter of great importance (MOREIRA et al., 2012).

According to Rotta et al. (2010), to determine the quality of bovine carcasses, characteristics such as loin-eye area, texture, color, fat thickness, marbling, conformation, yield, and carcass weight should be taken into consideration. Leg length, round

thickness, and carcass length are also important measurements, in this regard (ROTTA et al., 2009). In the different production systems, either extensive or intensive, the use of females for meat production requires differentiated management techniques, since pregnancy is an undesirable occurrence (SILVA et al., 2005) for slaughterhouses and for good animal welfare.

Hormones such as estrogen and progesterone play an important role in body growth and development that benefit the synthesis and deposition of fat, as they act as regulators of many chemical reactions, with important functions in physiological processes and body development (GOMIDE et al., 2013). As a strategy to evaluate the effect of this hormone on the beef quality, synthetic hormones and other techniques can be employed by using an intravaginal device or a progesterone ear implant.

According to Marques et al. (2007) producers seek methods to reduce the incidence of estrus, aiming to finish females in a shorter time, since the expression of estrus in these animals causes disorders, stress, and the risk of injury, which may affect their intake and weight gain. An option to eliminate the effect of estrus is the use of a device to simulate pregnancy and the finishing of females in early pregnancy.

This study was carried out to evaluate the influence of synthetic progesterone ear implant on weight gain and meat quality of Nellore females.

Material and Methods

The experiment was conducted on *Escola* Farm, at the State University of Goiás, in São Luís de Montes Belos-GO, Brazil (16°31'20" S and 50°22'48" W), where the average temperature and humidity during the experimental period (May

to June 2014) were 25 °C and 52%, respectively, measured using a thermo-hygrometer. Experimental procedures complied with and were approved by the Ethics Committee in Animal Use (CEUA) of the Federal University of Goiás.

Twenty-eight Nellore heifers (*Bos indicus indicus*), all in estrus, at an average age of 20 months, were kept in the feedlot for 60 days. The animals were distributed at random into 14 stalls at two heifers per stall, receiving the same treatment. The same environment was provided to all animals, and each stall measured 24 m².

Before entering the feedlot, 14 females received a progesterone ear implant (with three milligrams of norgestomet) subcutaneously. The implant was changed every 15 days so that the plasma progesterone concentration would not be lost, and animals had them on until 15 days before the slaughter. The group with ear implant had an average initial weight of 243.9 kg, while that without the implant weighed 237.85 kg, on average.

Corn silage was supplied during the entire confinement period, together with a concentrate containing ground corn, soybean meal, soybean hulls, livestock urea, and a mineral-vitamin mix. Feed was supplied four times daily, distributed at 06.00, 10.00, 13.00 and 17.00 h, and feed intake was monitored by weighing the feed supplied and refusals.

Every 15 days, all experimental animals were taken to the management corral and weighed on a digital scale placed immediately after the restraint chute, which allowed us to check the influence of the progesterone hormone on the weight gain, besides determining the final weight (FW), total weight gain (TWG), and average daily weight gain (ADG). Animals were weighed after being fasted for 12 h, starting at 18.00 h and ending at 06.00 h.

Heifers were slaughtered in a slaughterhouse in Aurilândia - Goiás, following the current legal procedures (BRASIL, 2007). The heifers were

stunned by brain concussion with a captive bolt pistol, which aims at rendering them unconscious during slaughter so that they can be killed efficiently and painlessly, remaining immobilized to be suspended for the subsequent bleeding by sectioning the large vessels. After the slaughter, carcasses were weighed and identified by tags with the number of the animal and stored in a cold room at 4 °C until the following morning for carcass evaluations.

Hot carcass yield was calculated as the ratio between hot carcass weight and final live weight, with the result multiplied by 100% (ROTTA et al., 2010).

Color, marbling, and texture were evaluated after the carcass was chilled for a period of 24 h, on the *longissimus dorsi* muscle cut between the 12th and 13th ribs. The marbling degree was determined by the amount of intramuscular fat, as follows: 1 to 3 = traces; 4 to 6 = light; 7 to 9 = little; 10 to 12 = medium; 13 to 15 = moderate; 16 to 18 = abundant. Texture was classified according to the particle size displayed when the muscle surface was cut (1 = highly coarse; 2 = coarse; 3 = slightly coarse; 4 = fine; 5 = highly fine).

A colorimeter was used to determine the meat color, after exposing the cut to air for 30 min, using the CIELab system, in which the lightness (L*) is related to the water-holding capacity - the higher the water content, the higher the L* value -, ranging from 0 to 100 (pure black to pure white). The letter a* represents the intensity of red, varying from red (+a*) to green (-a*), and the higher its value, the redder the meat. The yellow intensity is represented by the letter b*, ranging from yellow (+b*) to blue (-b*), and higher b* values determine a more yellowish meat (RAMOS; GOMIDE, 2012).

Conformation was assessed subjectively, using profiles that demonstrate the development of different muscle masses. The grades (Brazilian system) of data for this classification are: very convex, convex, straight, concave, or very concave (MOREIRA et al., 2012).

The carcass length was evaluated using a tape measure, by extending it from the cranial edge of the ischium-pubis to the medial cranial edge of the first rib. We also evaluated thigh length (distance between the front edge of the pubic bone and a middle point of the tibiotarsal-joint bones), thigh circumference (by surrounding the middle region of the thigh with a tape measure), leg length (distance between the tuberosity of the olecranon and the radiocarpal joint), and leg circumference (by surrounding the middle region of the leg with a tape measure).

The carcass fatness degree was determined based on the distribution and amount of fat at the 6th, 9th, and 12th ribs, classifying it as: lean (1) - absent fat; sparse fat (2) - 1 to 3 mm thickness; moderate fat (3) - 3 to 6 mm thickness; uniform fat (4) - 6 to 10 mm thickness; and excess fat (5) - over 10 mm thickness.

To evaluate the loin-eye area (cm²) a one-inch (2.54 cm) thick section was made on the *longissimus dorsi* muscle, and the muscle was outlined onto tracing paper. This area was later measured with a checkered plastic sheet that contains a point in the center of each square, the basic measurement of each square being 1 cm². The sheet was placed on the tracing paper and the number of points within

the muscle drawing was counted, generating the loin-eye area in cm². The same muscle was used to determine fat thickness, which was measured using a caliper.

The experiment was conducted as a completely randomized design, with two treatments (with and without progesterone ear implant) and seven replications, using 14 stalls at two animals per stall. Computer software R version 2.15.2 was used for the statistical analyses, allowing the comparison of performance between both treatments, with analysis of variance. For non-parametric variables, the Kruskal-Wallis was applied.

Results and Discussion

The initial and final weights of the treatment groups were similar ($P>0.05$), with respective values of 243.9 and 333.6 kg for the heifers with the implant and 237.8 and 331.5 kg for those without it (Table 1). This non-significant difference may be explained by the breed pattern and the diet and environment to which the experimental animals were subjected. These data corroborate the results found by Silva et al. (2005), who reported final weight gains of 327.6 and 334.0 kg for heifers without and with an intrauterine device, respectively.

Table 1. Mean values for initial and final weight (kg), total weight gain (TWG), average daily weight gain (ADG), and carcass dressing percentage (CD) of Nellore heifers with and without ear implant.

Treatment	Implant		Mean±SD	CV (%)	P
	Without	With			
Initial weight, kg	237.85	243.92	240.88 ±14.16	5.87	0.32
Final weight, kg	331.46	333.63	332.55 ±20.66	6.21	0.84
TWG, kg	93.64	89.71	91.67 ±15.05	16.42	0.63
ADG, kg	1.44	1.38	1.41 ±0.23	16.31	0.63
CD, %	50.30	51.34	50.82 ±1.23	2.42	0.16

Not significant ($p>0.05$); CV (%): coefficient of variation; SD: standard deviation.

Comparing both groups, with and without the implant, no difference ($p>0.05$) was found for the

TWG and ADG values, which were 89.7 and 93.6 kg and 1.38 and 1.44 kg, respectively. Vera et al.

(2013) obtained, in their studies with Nellore cows, weight gains of 49.9 kg for the group with the implant *versus* 34.1 kg for the cows without it, but without statistical differences. Abba et al. (2010) did not detect differences in weight gain between heifers with and without intrauterine balls, used to suppress estrus. Wada et al. (2008) worked with Nellore heifers at 18 months of age in the feedlot and observed an average daily weight gain of 1.17 kg, considered satisfactory for the animal category utilized.

Dressing percentage, the characteristic considered economically desirable at fattening, was 51.3% and 50.3% for the groups with and without the implant, respectively. Despite this 1.0% variation, there was no difference ($p>0.05$) between

the treatments, indicating that treatments did not change carcass dressing. Rubiano et al. (2009) stated that cattle subjected to the same feedlot period and dietary regime, with similar carcass weight and the same physiological maturity, show similar carcass dressing percentages. Silva et al. (2005) found CD values of 47.1% and 46.9% for the groups without and with intrauterine device, respectively. Vera et al. (2013) also did not observe differences in their study. Silva et al. (2006) found CD values of 53.6% for castrated heifers with the use of rubber ring in the ovarian pedicle, and 52.8% for intact females.

Despite the observed numerical difference between the groups with and without the progesterone ear implant, the characteristics were not influenced by reproductive condition (Table 2).

Table 2. Mean values for marbling, texture, backfat thickness, and fat degree of Nellore heifers with and without ear implant.

Variable	Implant		Mean \pm SD	CV (%)	P
	Without	With			
Marbling	4.57	6.71	5.64 \pm 1.93	34.21	0.06
Texture	2.71	2.85	2.78 \pm 0.72	25.89	0.71*
BFT, mm	4.95	5.28	5.12 \pm 1.19	23.24	0.60
Fat degree	3.21	3.50	3.35 \pm 0.73	21.79	0.33*

*Kruskal-Wallis non-parametric test; Not significant ($p>0.05$); CV (%): coefficient of variation; SD: standard deviation.

Heifers with and without the ear implant showed respective marbling values of 4.6 and 6.7, indicating a slight amount of intramuscular fat. No significant difference was observed, though, possibly due to the heterogeneity of results, confirmed by the coefficient of variation. Marques et al. (2006) also did not find significant differences for marbling in their studies with heifers originating from a cross between Nellore and Angus, with an average value of 3.7, which can be considered less 'light' marbling and more 'traces'.

With regard to meat texture, females without the implant had an average value of 2.7, whereas those with the implant averaged 2.8, indicating that the

particle size of the muscle surface shows a coarse-to-slightly coarse texture when it is cut. Pardi et al. (2001) stated that the coarse texture, not desirable for meat, may result from the bundles of muscle fibers and increased thickness of connective tissue fasciae.

Mean values for fat thickness (FT) of 5.0 and 5.3 mm were found in heifers with and without the ear implant, respectively, showing the precociousness of the Nellore breed for fat deposition. These results agree with those reported by Restle et al. (2002), who found superior fat thickness for Nellore compared with Charolais cows. Both FT values found in the experiment meet the Brazilian market requirements

determined by slaughterhouses. According to Rotta et al. (2010), in Brazil, for good sale of beef, the backfat thickness must be between 3 and 6 mm. Fat thickness values lower than 3 mm may cause problems due to cold, which leads to shortening of the sarcomeres (*rigor mortis*) during storage in the cold room (KAZAMA et al., 2008). These authors found an average BFT of 3.3 mm in their studies with Nellore-Angus crossbred heifers. In both treatments, mean values for fattening degree were higher than score 3, considered medium, indicating presence of a fat layer in the region of rump, lumbar, and lateral face of the round. Silva et al. (2007) also did not find differences in their studies, in which they found the scores of 2.6 for castrated heifers and 2.8 for intact heifers. Moreira et al. (2012) obtained a fattening degree of 2.3, which is lower than that obtained here, in heifers aged up to two years, and noted a positive correlation between fattening degree and maturity of the animals.

With the subjective assessment of the carcass profiles, the presence of straight, concave, and convex conformations was found at the frequencies of 64.3%, 28.5%, and 7.2% respectively, related to the carcass muscularity. These data corroborate the results published by Moreira et al. (2012), who found a larger number of straight carcasses, which may be associated with diet, breed, and maturity of animals. The sub-convex profile is the most desired, according to Costa et al. (2007), as it indicates greater yield.

As regards loin-eye area, there was no difference ($p>0.05$) between treatments (Table 3). The average LEA found in the experiment was 46.4 cm², which is lower than the 50.8 cm² found by Kazama et al. (2008) with crossbred (Nellore vs. Angus) heifers. Loin muscle is an indicator of muscle development, because as this value increases, the edible portion of the carcass also increases.

Table 3. Mean values for loin-eye area (LEA), thigh length, thigh circumference, leg length, leg circumference, and carcass length of Nellore heifers with and without ear implant.

Variable	Implant		Mean \pm SD	CV (%)	P
	Without	With			
LEA, cm ²	46.14	46.60	46.37 \pm 3.74	8.06	0.82
Thigh length, cm	72.36	71.64	72.00 \pm 1.70	2.36	0.44
Thigh circ., cm	54.14	52.58	53.36 \pm 1.86	3.48	0.16
Leg length, cm	46.50	46.92	46.71 \pm 1.63	3.49	0.63
Leg circ., cm	33.35	34.35	33.85 \pm 1.56	4.60	0.25
Carcass length, cm	131.93	133.64	132.78 \pm 2.79	2.10	0.27

Not significant ($p>0.05$); CV (%): coefficient of variation; SD: standard deviation.

Silva et al. (2007) worked with Nellore heifers and found significant differences for the variable *longissimus* area, which averaged 54.4 cm² and 47.0 cm² for intact and castrated animals, respectively. Marques et al. (2006), however, in an experiment with Nellore vs. Red Angus crossbred heifers, obtained an average *longissimus* muscle of 57.3 cm², without differences between treatments

(heifers in estrous cycle; with lead balls in the uterine horns; and without ovary). This characteristic is influenced by the age sex, size, breed, and weight of the animal.

The carcass characteristics did not show differences ($p>0.05$) between treatments. Mean values for thigh length, thigh circumference, leg length, leg circumference, and carcass length were

72.0, 53.4, 46.7, 33.8, and 132.8 cm, respectively. Restle et al. (2002) observed the respective values of 126.7, 74.6, 42.5, and 33.3 cm, for carcass length, thigh length, leg length, and leg circumference in Nellore cows. Kuss et al. (2005) found lower values than those obtained in our study, with cows originating from rotational crossbreeding between Charolais and Nellore.

Analyzing the different aspects of color in the hindquarter and *longissimus dorsi* muscle (Table 4), we observed that the treatments had no statistical

difference ($p>0.05$). The meat color is a parameter of great importance when it comes to sale, considered one of the most appealing traits. Fernandes et al. (2008) observed that meat from young animals has a cherry color, which is appreciated by consumers due to the lower myoglobin (Mb) levels. Ramos and Gomide (2012) stated that myoglobin is the main agent responsible for the meat pigment, at around 90%, hemoglobin being the second (hB) in importance. These authors also reported that meats with a red color - cherry or bright red - are usually from young animals.

Table 4. Mean values for the color of hindquarter and *longissimus dorsi* muscle of Nellore heifers with and without ear implant.

Variable	Implant		Mean \pm SD	CV (%)	p		
	Without	With					
Color	Hindquarter	L*	32.66	33.31	32.98 \pm 3.38	10.25	0.72
		a*	20.84	18.24	19.54 \pm 3.81	19.50	0.22
		b*	9.61	8.76	9.18 \pm 2.34	25.49	0.51
	<i>Longissimus dorsi</i>	L*	38.04	36.78	37.41 \pm 2.75	7.35	0.40
		a*	18.09	17.88	17.98 \pm 2.74	15.23	0.89
		b*	9.78	9.85	9.81 \pm 1.66	16.91	0.93

L*: lightness; a*: red intensity; b*: yellow intensity; Not significant ($p>0.05$); CV (%): coefficient of variation; SD: standard deviation.

All coefficients of variation found in this experiment were considered relatively low - between 2.10 and 34.57% -, indicating little instability of the studied samples. Sampaio (2007) asserted that the coefficient of variation for animal responses ranges from 20% to 30%, but given that coefficients can go from 0 to 100%, there was no variation between the observed values, or there was great instability.

Conclusion

In the conditions of the present study, the use of progesterone ear implant did not change the carcass physical characteristics or meat quality

characteristics of Nellore heifers. Further, weight gain was also not influenced by the use of this device.

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