Effect of follicular diameter, time of first cleavage and H3K4 methylation on embryo production rates of *Bos indicus* cattle

Efeito do diâmetro folicular, momento da primeira clivagem e metilação da H3K4 na produção embrionária de vacas *Bos indicus*

Paula Alvares Lunardelli¹; Luciana Simões Rafagnin Marinho²; Camila Oliveira Rosa¹; Amauri Alcindo Alfieri³; Marcelo Marcondes Seneda^{4*}

Abstract

This study aimed investigate the relationship between epigenetics, follicular diameter and cleavage speed, by evaluating the developmental potential and occurence of H3K4 monomethylation of early-, intermediate- and late-cleaving Bos indicus embryos from in vitro fertilized oocytes originating from follicles up to 2 mm in diameter or between 4 and 8 mm in diameter. Oocytes (n = 699) from small follicles (≤ 2 mm) and 639 oocytes from large follicles (4-8 mm) were punched from 1,982 Bos indicus³ slaughterhouse ovaries. After maturation and *in vitro* fertilization (IVF), the cultured embryos were separated into early (≤ 28 h post-IVF), intermediate (> 28 h and ≤ 34 h post-IVF) and late (> 34 h and \leq 54 h post-IVF) cleavage groups. Blastocysts were subjected to an immunofluorescence assessment for H3K4me investigation. The blastocyst rate for large follicles (36.3%) was higher than that for small follicles (22.9%, P<0.05). In addition, blastocyst rates for early and intermediate cleavage groups (45.3% and 33.8%, respectively) were higher than that for late cleavage group (13.5%, P < 0.05). The blastocysts from all groups displayed H3K4me staining by immunofluorescence, particularly intense in what seemed to be trophectoderm cells and weak or absent in cells seemingly from the inner cell mass. For the first time for *indicus* embryos, data from this study demonstrate that higher blastocyst embryo rates are obtained from embryos that cleave within 34 h after fertilization and from those produced from follicles of 4-8 mm in diameter, indicating a greater ability of these embryos to develop to the stage of embryonic preimplantation. This is the first article demonstrating the occurrence of H3K4me in cattle embryos; its presence in all the evaluated blastocysts suggests that this histone modification plays a key role in maintaining embryo viability at preimplantation stage.

Key words: Bovine. Early cleavage. Follicular size. Late cleavage. Histone modifications.

Resumo

Este estudo teve como objetivo investigar a relação entre a epigenética, o diâmetro folicular e a velocidade de clivagem, avaliando o potencial de desenvolvimento e a ocorrência de monometilação da H3K4 em embriões *Bos indicus* de clivagem precoce, intermediária e tardia produzidos a partir de oócitos fertilizados *in vitro* oriundos de folículos de até 2 mm de diâmetro ou entre 4 e 8 mm de diâmetro.

* Author for correspondence

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¹ Discentes do Curso de Doutorado, Programa de Pós-Graduação em Ciência Animal, Universidade Estadual de Londrina, UEL, Londrina, PR, Brasil. E-mail: palunardelli@hotmail.com; camila_rosa_3@hotmail.com

² Pós-Doutorando, Programa de Pós-Graduação em Ciência Animal, UEL, Londrina, PR, Brasil. E-mail: lucianaraf@gmail.com

³ Prof. Dr., Departamento de Medicina Veterinária Preventiva, Centro de Ciências Agrárias, UEL, Londrina, PR, Brasil. E-mail: alfieri@uel.br

⁴ Prof. Dr., Departamento de Clínicas Veterinárias, Centro de Ciências Agrárias, UEL, Londrina, PR, Brasil. E-mail: mseneda@uel.br

Oócitos (n = 699) de folículos pequenos ($\leq 2 \text{ mm}$) e 639 oócitos de folículos grandes (4-8 mm) foram puncionados de 1982 ovários de vacas Bos indicus de abatedouro. Após a maturação e fertilização in *vitro* (FIV), os embriões cultivados foram separados nos grupos de clivagem precoce (≤ 28 h pós-FIV), intermediária (> 28 h e < 34 h pós-FIV) e tardia (> 34 h e < 54 h pós-FIV). Os blastocistos foram submetidos à imunofluorescência para investigação de H3K4me. A taxa de blastocisto para embriões provenientes de folículos grandes (36,3%) foi maior que de folículos pequenos (22,9%; p < 0.05). Ainda, as taxas de blastocisto para os grupos de clivagem precoce e intermediária (45,3% e 33,8%, respectivamente) foram maiores que para o grupo de clivagem tardia (13,5%; p<0,05). Blastocistos de todos os grupos mostraram marcação para H3K4me à imunofluorescência, particularmente intensa no que pareciam ser células do trofectoderma e fraca ou ausente em células semelhantes às da massa celular interna. Pela primeira vez em embriões indicus, os dados deste estudo demonstram que maiores taxas de blastocisto são obtidas de embriões que clivam em até 34 h pós-fertilização e dos oriundos de folículos de 4 a 8 mm de diâmetro, indicando uma maior habilidade desses embriões de se desenvolverem até o estágio de pré-implantação embrionária. Este é o primeiro artigo demonstrando a ocorrência de H3K4me em embriões bovinos; sua presenca em todos os blastocistos avaliados sugere que essa modificação de histona exerce função-chave na manutenção da viabilidade embrionária no estágio pré-implantação. Palavras-chave: Bovino. Clivagem precoce. Clivagem tardia. Modificações de histonas. Tamanho folicular.

Introduction

In vitro embryo production (IVEP) is an widespread tool which increasingly enables multiplying and disseminating high quality genetics and has recently become more accessible. Knowledge regarding the physiology of different species has enabled the development of relatively efficient IVEP protocols for pigs (YOSHIOKA et al., 2012), sheep (AMIRIDIS; CSEH, 2012), goats (RODRÍGUEZ-DORTA et al., 2007) and cattle (PONTES et al., 2011). However, there are many differences between the taurus and indicus subspecies, such as their follicle populations and numbers of oocytes and embryos recovered by ovum pick-up and uterine flushing (CASTRO NETO et al., 2005; PONTES et al., 2010; SILVA-SANTOS et al., 2014), that directly affect embryo production outcomes. Understanding the subspecies' particularities is crucial for improving the technique, considering that the in vitro culture media are not yet able to exactly mimic the conditions present during in vivo development.

Compared to those generated *in vivo*, *in vitro*produced (IVP) embryos exhibit structural, metabolic and morphological differences, which result in lower rates of development and pregnancy (CROSIER et al., 2000; FAIR, 2003; SUDANO et al., 2012). The lack of knowledge regarding all the events involved in early embryonic development limits the improvement of culture systems, which is necessary to fully support the embryonic needs and to generate efficient production rates.

A possible explanation for the disparity between the results of *in vitro* and *in vivo* embryo production is the source of the oocytes (LEQUARRE et al., 2005). The majority of available ovarian follicles that are punctured during the aspiration process are small follicles; however, during physiological events, the fertilized oocyte comes from a dominant, large follicle (GONÇALVES et al., 2007). However, the exact role of the oocyte source in determining early embryo development is not completely understood (HANSEN et al., 2010), and researchers continue to study follicular size and development and their correlation with oocyte quality in several species (GANJI et al., 2015; KEMPISTY et al., 2014; RODRIGUES et al., 2015; SHABANKAREH et al., 2014).

There is evidence that the speed at which the zygotes undergo their mitotic cycles during cleavage also strongly influences future development (GARCIA et al., 2015). However, there is

discordance among researchers regarding the ideal length of time for the embryo to complete the first cell cycle (LEQUARRE et al., 2003; SUGIMURA et al., 2012).

The quality that is dictated by oocyte and the embryonic development timing are likely determined by genetic and epigenetic modulation (LABRECQUE et al., 2013; NIVET et al., 2013), which is responsible for governing events that occur in each particular cell.

Epigenetic interactions are very important in oocyte-to-embryo development. There is evidence that histone modification, such as histone 3 lysine 4 (H3K4) methylation, is essential for cell regulation and molecular events, such as chromatin remodeling and gene expression (RIVERA; ROSS, 2013). H3K4 methylation present in euchromatin seems to be essential for embryonic viability in the preimplantation period likely by playing important roles in the regulation of pluripotency genes (FEIL, 2009; SENEDA et al., 2008). A better understanding of epigenetic processes that influence embryonic development and cell differentiation could contribute to the development of a more efficient embryo production system. However, data regarding epigenetic interactions at H3K4 in bovine embryos are scarce in the current literature.

Thus, this study aimed investigate the relationship between epigenetics, follicular diameter and cleavage time, by evaluating the blastocyst rates and distribution of H3K4 monomethylation of early-, intermediate- and late-cleaving *Bos indicus* embryos from *in vitro* fertilized oocytes originating from follicles up to 2 mm in diameter or between 4 and 8 mm in diameter.

Materials and Methods

This study was performed in accordance with the Animal Experimentation Ethics Committee at the State University of Londrina based on Federal Law 11.794 from October 8, 2008. All the reagents used in this study were purchased from Sigma-Aldrich (St. Louis, MO, USA) unless otherwise specified.

Oocyte recovery and in vitro maturation (IVM)

Ovaries from 991 Nellore cows (n = 1982) were collected from a local slaughterhouse and transported to the laboratory in 0.9% saline solution at 30-35°C. Cumulus oophorus complexes (COCs) were aspirated from follicles up to 2 mm in diameter and from 4 to 8 mm diameter follicles with a 21 gauge (30 x 8 mm) hypodermic needle attached to a 10 mL syringe. Only oocytes surrounded by a minimum of 3 layers of cumulus cells and homogeneous cytoplasm (grades 1 and 2) (SENEDA et al., 2001) were selected for IVM (699 COCs from follicles up to 2 mm in diameter and 639 COCs from 4 to 8 mm diameter follicles). Groups of 10 to 15 COCs were cultured in a 100 µL drop of maturation medium in 5% CO2/95% air and saturated humidity at 38.5°C for 20 to 24 h. The maturation medium (In Vitro Brasil, Mogi Mirim, SP) consisted of bicarbonate TCM 199 supplemented with 10% (v/v) fetal bovine serum, 5 μ g of luteinizing hormone, 0.5 μ g of follicle-stimulating hormone, 1 µg of estradiol, 2.2 μ g of pyruvate and 50 μ g/mL gentamicin.

In vitro fertilization (IVF) and in vitro culture (IVC)

The matured COCs were washed in HEPESbuffered medium and transferred to 100 µL drops of fertilization medium (In Vitro Brasil, Mogi Mirim, SP) consisting of Tris-buffered medium supplemented with 8 mg/mL fatty acid-free bovine serum albumin (BSA) and 1 mM glutamine.

For fertilization, sperm from a single Nellore bull that had been stored in liquid nitrogen was thawed at 35°C and deposited in tubes containing two different concentrations of Percoll (300 μ L of a 45% Percoll gradient on top and 300 μ L of 90% on bottom), in which the spermatozoa were selected by centrifugation (12100 g for 2 min). The supernatant (600 μ L) was discarded, and the sperm pellet was resuspended in 300 μ L of fertilization medium and homogenized. The semen was centrifuged again (8127 g for 45 s), and after discarding the supernatant, the sperm concentration was adjusted to obtain a final concentration of 1x10⁶ live spermatozoa/mL.

Sperm and COCs were co-incubated for 18 to 22 h in fertilization medium under mineral oil at 38.5°C with 5% CO₂ in air and saturated humidity.

For IVC, cumulus cells were removed from presumptive zygotes by repeated pipetting, and these zygotes were incubated in SOF (synthetic oviduct fluid; In Vitro Brasil, Mogi Mirim, SP) supplemented with 8 mg/mL fatty acid-free BSA under mineral oil at 38.5° C with 5% CO₂ in air and saturated humidity.

Cleavage rates were assessed at 28, 34 and 54 h post-IVF.

At 3 days post-IVF, embryos were fed by exchanging 50% of the SOF medium with fresh SOF medium. At 5 days post-IVF, the embryos were fed a second time by exchanging 50% of the SOF with SOF glucoside (In Vitro Brasil, Mogi Mirim, SP).

On days 7 and 8 post-IVF, the blastocyst rates were calculated relative to the numbers of cultured presumptive zygotes and cleaved embryos.

Experimental design

Embryos were produced through 10 replicates that were divided into six groups based on the diameter of the follicle that contained the oocyte used for IVF and the onset of cleavage (Figure 1).



Figure 1. Experimental design.

Cleavage and blastocyst rates were calculated, and the embryos were fixed at the blastocyst stage on days 7 and 8 of culture and subjected to immunofluorescence to detect H3K4me.

Immunofluorescence

The blastocysts resulting from early and late cleavage events and from $\leq 2 \text{ mm}$ and 4-8 mm follicles were washed in phosphate-buffered saline

(PBS), immersed in 4% paraformaldehyde for 15 to 20 min, washed again in PBS and stored at 4°C in 0.5% Triton X-100 in PBS with 0.3% BSA.

Subsequently, blastocysts were incubated at 37°C in permeabilization solution and then washed twice (10 min each) in blocking solution (3% BSA and 0.2% Tween-20 in PBS). Then, the blastocysts were exposed overnight at 4 °C to a primary polyclonal rabbit anti-methylated H3K4 antibody (Abcam, Cambridge, England; ab8895) diluted 1:500 in blocking solution.

The samples were then washed three times (20 min each) in blocking solution and incubated for 2 h at room temperature with a secondary goat anti-rabbit Alexa flour 488 antibody (Invitrogen, Carlsbad, CA, USA) diluted 1:1000. Subsequently, samples were washed three times (20 min each) in blocking solution and then incubated with 10 μ g/ mL DAPI (4',6-diamidino-2-phenylindole) in PBS for DNA staining.

The embryos were placed on microscope slides with a drop of Vectashield[®] (Vector Laboratories, Burlingame, CA, USA) and examined using an epifluorescence microscope (Axio Imager A1, Zeiss, Jena, TH, Germany) at 100X magnification.

Statistical Analysis

The blastocyst and cleavage rates were compared by logistic regression using R software (R CORE TEAM, 2013). Differences were considered statistically significant at a confidence level of 95% (P < 0.05).

Results

From the examined oocytes, a total of 1338 were selected, which 639 (47.8%) were from 4-8 mm diameter follicles that gave rise to 573 (89.6%) presumptive zygotes, and 699 (52.2%) were from ≤ 2 mm diameter follicles that gave rise to 675 (96.5%) presumptive zygotes.

The cleavage rate was higher for the 573 embryos from 4-8 mm diameter follicles (77.5%) compared to that for the 675 embryos from the ≤ 2 mm diameter follicles (71.8%, P < 0.05; Figure 2).

The 4-8 mm follicle group exhibited higher blastocyst rates calculated based on the number of cultured presumptive zygotes (28.1%) and cleaved embryos (36.3%) than the rates for the ≤ 2 mm group (16.4% and 22.9%, respectively, P < 0.05; Figure 2).

Regarding the cleavage initiation time, embryos from the early (< 28 h) and intermediate (28-34 h) groups had significantly higher blastocyst rates (45.3% and 38.3%, respectively, P < 0.05) compared to the late cleavage group (34-54 h, 13.5%; Figure 3).

When simultaneously analyzing follicle diameter and the timing of cleavage onset, the numbers of cleaved embryos were higher among 4-8 mm-late (30.0%) and ≤ 2 mm-late (33.8%) follicles, whereas the blastocyst rates were higher in the 4-8 mm-early (50.5%), 4-8 mm-intermediate (45.4%) and ≤ 2 mm-early (40.2%) groups (P < 0.05; Table 1).





a, b: Different letters in the same category indicate a significant difference (P < 0.05).

Figure 3. Blastocyst rates for *in vitro*-produced bovine embryos of early (≤ 28 h; black column), intermediate (> 28 h and ≤ 34 h; light gray column) and late (> 34 h and ≤ 54 h; dark gray column) cleavage.



a, b: Different letters indicate a significant difference (P < 0.05).

Table 1. Cleavage and blastocyst rates among IVP embryos generated from bovine oocytes from 4-8 mm or ≤ 2 mm diameter follicles with early (≤ 28 h), intermediate (> 28 h and ≤ 34 h) or late (> 34 h and ≤ 54 h) cleavage.

Group	Cleavage		Blastocysts	
	n	%	n	%
4-8 mm-early	109	19.0 ^{cd}	55	50.5ª
4-8 mm-interm.	163	28.4 ^b	74	45.4ª
4-8 mm-late	172	30.0 ^{ab}	32	18.6°
≤2 mm-early	112	16.6 ^d	45	40.2 ^{ab}
\leq 2 mm-interm.	145	21.5°	44	30.3 ^b
≤2 mm-late	228	33.8ª	22	9.6 ^d
Total	929	74.4	272	29.3

a, b, c, d: Different letters in the same column indicate a significant difference (P < 0.05).

Immunofluorescence analysis revealed that blastocysts from all the groups stained positively for H3K4me (Figure 4). Interestingly, there was an intense H3K4me signal in cells that appeared to be from the trophectoderm (TE), and the H3K4 staining was weak or absent in cells seemingly from the inner cell mass (ICM).

Figure 4. H3K4 monomethylation pattern in bovine blastocysts with early (≤ 28 h post-IVF) or late (> 34 h and ≤ 54 h post-IVF) cleavage produced *in vitro* using oocytes from follicles ≤ 2 mm or 4-8 mm in diameter.



A, D, G and J: DAPI staining of blastomere nuclei in embryos from the 4-8 mm-early (A), 4-8-late (D), ≤ 2 mm-early (G) and ≤ 2 mm-late (J) groups. B, E, H and K: H3K4me staining in blastocysts from the 4-8 mm-early (B), 4-8-late (E), ≤ 2 mm-early (H) and ≤ 2 mm-late (K) groups. C, F, I and L: Merged H3K4me and DAPI images. White Arrows: Inner Cell Mass area. Complementing area of the embryo: Trophectoderm area. Scale bar: 100 μ m.

Discussion

To the best of our knowledge, this is the first article describing a higher blastocyst rate from *indicus* embryos obtained from oocytes from a specific follicle diameter and cleaving within 34h after fertilization. The combination

of these characteristics may be very useful for IVF laboratories. Also, this is the first article demonstrating the occurrence of H3K4me in cattle embryos; its presence in all the evaluated blastocysts suggests that this histone modification plays a key role in maintaining embryo viability at preimplantation stage.

The onset of cleavage directly influenced the blastocyst rate, which was higher in early cleavage embryos, regardless of follicular diameter (4-8 mm-early: 50.5% vs. 4-8 mm-late: 18.6%; ≤ 2 mm-early: 40.2% vs. ≤ 2 mm-late: 9.6%; and early: 45.3% vs. late: 13.5%). Similar results were obtained by another group who observed rates of 40% (cleavage up to 30 h post-IVF) and 10% (cleavage 30-36 h post-IVF, HUMBLOT et al., 2005), which are in agreement with previous reports (ISOM et al., 2012; LECHNJAK et al., 2008; SOMFAI et al., 2010) and later studies in which late-cleaving embryos resulted in lower blastocyst and pregnancy rates (BASTOS et al., 2008; MAGLI et al., 2007; SUGIMURA et al., 2012).

The reasons why early-cleaving embryos exhibit greater viability than late-cleaving embryos have not been completely elucidated; however, it is known that embryos that complete the first cell cycle more slowly exhibit lower viability rates, are of worse quality (COUTINHO et al., 2011; DANG-NGUYEN et al., 2010), and have a higher incidence of chromosomal abnormalities and mixoploidy than those that complete the cycle earlier (MAGLI et al., 2007; SUGIMURA et al., 2012). In addition, latecleaving embryos exhibit reduced expression of Interferon tau gene, which is involved in placental development and establishing and signaling maternal recognition of pregnancy in ruminants (IMAKAWA et al., 1987; ROBERTS, 1996; SOUSA et al., 2001).

The fact that the early and intermediate groups behaved similarly (P > 0.05; Table 1) with regard to the blastocyst rate suggests that 34h after fertilization is an important time point for evaluating cleavage to predict embryo development to the pre-implantation stage. Currently, other embryonic assessment systems exist, such as time-lapse cinematography (SUGIMURA et al., 2012), but the stereoscopic microscopy performed in this study remains the best option in terms of the cost-benefit ratio, considering its good accuracy, non-invasiveness and the lack of a requirement for special laboratory dishes and electronic recording equipment.

The resulting blastocyst rates after fertilizing oocytes from 4-8 mm follicles (all 4-8 mm follicles: 36.3%; 4-8 mm-intermediate only: 45.4%; and 4-8 mm-late only: 18.6%) were higher (P < 0.05) than those from ≤ 2 mm follicles (all ≤ 2 mm follicles: 22.9%; ≤ 2 mm-intermediate only: 30.3%; and ≤ 2 mm-late only: 9.6%; Figure 2). The blastocyst rate for the 4-8 mm-early group although it was not statistically different, was also numerically greater (50.5%) than that for the ≤ 2 mm-early group (40.2%). These results diverge from those obtained by Castilho et al. (2007), who found no significant differences, probably because they compared blastocyst rates from embryos originating from follicles < 5, 5-7 and > 7 mm that were obtained by ovum pick-up. Another possible explanation for this discrepancy involves the influence of culling stress on the quality of ovaries and oocytes; therefore, results from oocytes recovered in vivo and post mortem must be cautiously compared.

The results of the present study are consistent with those reported by Bastos et al. (2008) for *taurus* embryos; this group used bovine parthenogenetic embryos and observed blastocyst rates of 34.3% in the 4-8 mm follicle group and 18.9% in the 1-2 mm group. These data are also in agreement with the results reported by other groups, confirming the positive influence of larger follicular diameter on development at the blastocyst stage that has been championed by many authors (HAN et al., 2006; LEQUARRE et al., 2005; LONERGAN et al., 1999). Despite the several important reproductive differences between *taurus* and *indicus*, it seems that this current point is quite similar.

The reduced competence of oocytes from small diameter follicles may be due to the inhibitory effect exerted by dominant follicles on smaller ones during the follicular wave (CASTILHO et al., 2007). Additionally, the ability of an oocyte to complete nuclear and cytoplasmic maturation and undergo embryonic development is gradually obtained up to the final stage of follicular growth (EPPIG, 2001; GONÇALVES et al., 2007). Therefore, it is possible that oocytes derived from larger follicles possess greater amounts of mRNA and consequently are more capable of completing the early stages of embryonic development by more easily enduring critical periods, such as the MZT.

In this study, the percentage of late-cleaving embryos was higher than the percentage of earlycleaving embryos, both for 4-8 mm follicles (4-8 mm-late: 30.0% vs. 4-8 mm-early: 19.0%) and \leq 2 mm follicles (\leq 2 mm-late: 33.8% vs. \leq 2 mmearly: 16.6%; P < 0.05; Table 1), indicating that most embryos began the first cell division cycle at a later time point. Similar data have been reported for *in vitro* fertilized human embryos, with higher cleavage rates for late-cleaving embryos (25-27 h post-IVF: 96% vs. prior to 25 h post-IVF: 86%) (STEIN, 2010).

When excluding the cleaving time variable (Figure 2), the results of the present study correspond with those obtained by Racedo et al. (2008) because the larger follicle group achieved a statistically higher cleavage rate (77.5%) than the smaller follicle group (71.8%). When comparing follicular diameter while considering the time of cleavage, the cleavage rates were similar between the 4-8 mm-early and ≤ 2 mm-early groups and between the 4-8 mm-late and ≤ 2 mm-late groups and were in agreement with previously reported results from bovine (SENEDA et al., 2001) and porcine (KOHATA et al., 2013) embryos.

The present study also investigated the distribution of H3K4me in bovine blastocysts with different cleavage onset times that were generated from oocytes from different size follicles. All the evaluated blastocysts exhibited positive staining for H3K4 monomethylation. To the best of our knowledge, this is the first article reporting the presence of H3K4me in bovine embryos.

The fact that this epigenetic mark was strongly detected in all the evaluated embryos, regardless of the original follicular diameter or the time of cleavage onset, suggests that this histone modification is essential for blastocyst development. Interestingly, blastocysts displayed intense H3K4me staining in cells that seemed to be trophectoderm TE cells and weak or absent H3K4me staining in cells seemingly from the ICM. Such differences could be easily explained by the fact that the ICM and TE are the first two lineages of differentiated cells (ROSSANT; TAM, 2009); thus, they harbor different epigenetic codification patterns. These findings are in accordance with those obtained by Dahl et al. (2010), who reported a different pattern of H3K27 trimethylation between the ICM and TE in mouse embryos.

Although the function of H3K4 monomethylation in embryo development is not well understood, H3K4 methylation events are considered transcriptional promoters (DADA et al., 2012). Thus, higher levels of all H3K4 methylations should be observed in the ICM. However, this hypothesis is contrary to our findings. According to Degrelle et al. (2005) the expression of pluripotency genes in early cattle blastocysts is not confined to the ICM but sometimes occurs in trophoblasts. Therefore, a possible interpretation is that H3K4me is a pluripotency epigenetic mark even in the TE.

Conclusions

Working with *indicus* embryos, we demonstrated that higher blastocyst rates are obtained with embryos that cleave within 34 h after fertilization and with those produced from 4-8 mm diameter follicles, indicating the enhanced ability of these embryos to develop to the stage of embryonic preimplantation. The data also demonstrated for the first time the existence of H3K4 monomethylation in bovine embryos. The presence of this epigenetic mark in all the evaluated blastocysts suggests that this histone modification plays a key role in transcriptional control at this important stage of development.

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